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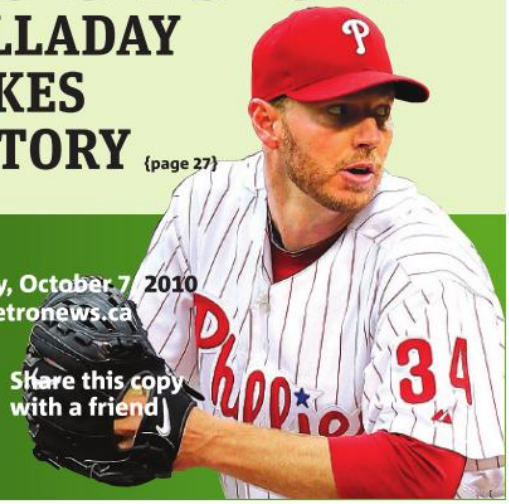
GIBSON'S EX SPILLS ON RECORDINGS
OKSANA'S TALE OF THE TAPES {page 17}

DOC IS ON HALLADAY MAKES HISTORY {page 27}



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Tories deny any link to reno deal

RCMP investigating government renovation contract for West Block ◐ Prime minister insists there's no evidence of wrongdoing by Conservatives ◐ Contractor on record saying he has links to Hells Angels biker gang

The Conservatives are distancing themselves from a messy scandal brewing over a big government renovation contract involving an RCMP probe, hints of corruption, and even a link to the Hells Angels.

The Mounties confirmed yesterday they are looking into the relationship between Montreal company LM Sauve and longtime Tory supporter Gilles Varin.

LM Sauve won a $9-million contract to restore Parliament Hill's West Block in May 2008, and filed bankruptcy papers a year later. Company owner Paul Sauve says he hired Varin, a former Tory organizer with a criminal record, to help win the contract from the Public Works Department, and paid him $140,000 from 2007 to 2009.

The RCMP investigation reportedly centres around lobbying rules and anti-corruption laws. THE CANADIAN PRESS

Rideau Hall. Right at home

▶ New Governor General David Johnston is seen during an interview at Rideau Hall yesterday. Full story, page 9.

SEAN KILPATRICK/THE CANADIAN PRESS

Johnston calls for 'rapport of a kind' with Harper

NHL Preview

NHL ready to drop the puck

◐ What to keep an eye on as another hockey season begins {pages 24-26}

U.S. colonel: Losing Canada will hurt

American concerned about Afghan mission {page 8}

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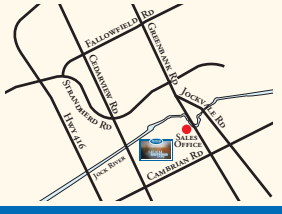

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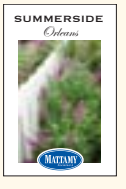

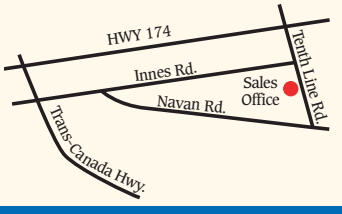

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Candidate touts Ottawa River dam

Haydon's long-term vision includes a second greenbelt outside of Kanata, Barrhaven and Orleans

TIM WIECLAWSKI
@METRONEWS.CA

All the rock that's going to come out from beneath downtown when the rapid transit tunnel gets built will be used to build a dam on the Ottawa River if Andy Haydon gets his way.

"This past summer, the Ottawa River almost dried up. It was very, very low," said Haydon.

"To my mind, a relatively low-level dam … just south of the Britannia area, would have a number of advantages."

The dam would stabilize the water level in Lac Deschenes, he said.

It would act as a freshwater reservoir and could be turned into a small hydroelectricity generator and potentially be turned into a causeway for private vehicles and bicycles.

Buses and trucks, suggested Haydon, could run across the now-unused Prince of Wales Bridge.

"There are some environmental areas out there you can work into the Greenbelt. The parts that aren't environmental … that's where you can build facilities such as hospitals."
ANDY HAYDON, MAYORAL CANDIDATE

In its current state, the bridge is strictly for trains, but the piers, which can support extra lanes, could be added to either side for vehicles.

Commercial vehicles could connect to the bridge from Highway 50 in Gatineau and to Highway 417 via the O-Train corridor in Ottawa.

TIM WIECLAWSKI/METRO OTTAWA

▶ Andy Haydon explains how he would connect traffic crossing the Prince of Wales Bridge with highways in Gatineau and Ottawa.

More Ottawans doing it daily

Metro Ottawa's daily readership has gone up 22 per cent — or 14,900 readers — in the last year, according to NADbank 2009-10 readership results released yesterday.

Readership numbers also confirm that Metro Ottawa now reaches more than one in five Ottawans, or 82,800 daily and 205,800 weekly readers throughout the greater Ottawa area.

22 Percentage growth for Metro Ottawa's daily readership from last year.

"Continuous innovation is the driving force behind Metro's success," said publisher Bill McDonald.

"New columnists, increased coverage of news that matters, enhanced distribution strategies and creative marketing initiatives have all played a role in Metro Ottawa's growth.

"We fully anticipate continuous growth well into the future."

Metro Ottawa has the No. 1 reach increase with adults aged 18 to 49 and adults aged 25 to 54, NADbank results show.

METRO

News in brief

Bust nets cash and arrests

CRIME. Police have charged two suspects in a series of break-and-enters after a search warrant executed last weekend recovered more than 300 items worth tens of thousands of dollars.

Charged are Lisa Marie Duguay, 39, of no fixed address, and Brent Patrick Nevein, 33, of Ottawa, each with 12 counts of break and enter.

TRACEY TONG

Gun suspect in court today

FIREARMS. Michael Belleus, 21, of Ottawa, faces multiple charges in connection with a firearm possession incident at the St. Laurent Shopping Centre.

TRACEY TONG

1 news

News on the move

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2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at **m.metronews.ca**

On the web at metronews.ca

Is media coverage in Ottawa 'gotcha journalism' or a nasty response to nasty politics? More at metronews.ca/spindoctor

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[redacted] kicks off early campaign

If Progressive Conservative Party of Ontario leader Tim Hudak is right, then millions of families in Ontario have already started the countdown to the next election.

"As I travel the province talking to hard-working families, they tell me that things just aren't right," Hudak said at an official kick off to their election campaign last night at the Nepean Sportsplex where Lisa MacLeod was once again acclaimed as the PC candidate for Nepean-Carleton. "They want change. And one year tonight, to the very day, we will give them a clear choice and we will give them the break that they deserve."

TIM WIECLAWSKI

TRACEY TONG/METRO OTTAWA

▶ "Tourism has been the forgotten cousin for many years," said Jim Watson.

Watson focuses on tourism

Ottawa is one of the few cities in all of Canada that does not provide direct financial support to its tourism industry, said mayoral candidate Jim Watson.

The industry has not received the kind of attention it should have, and under his leadership, it will get back on the radar, said Watson, who released his tourism platform yesterday.

"Tourism is our third-largest industry in Ottawa," Watson said.

Watson said Ottawa should be "at the epicenter" of the 150th anniversary of Confederation in 2017.

"We should host the nation, and in fact, host the world," he said.

If elected, Watson said he would immediately begin bringing together leaders from the tourism industry, the NCC and other levels of government to "to ensure this aspiration of owning 2017 becomes a reality."

Watson said he would also help develop Canada House, which would gather the souvenirs of the country's accomplishments and work to attract more national and international events to Ottawa.

26,000
Number of jobs tourism supports in Ottawa, in addition to contributing $2.2 billion to the economy.

TRACEY TONG

Helping 'break down the stigma'

TRACEY TONG/METRO OTTAWA

▶ "I look forward to a time when a young person will reach out and society will be there to listen," said Daniel Alfredsson, a champion for mental health.

One in five Canadians will suffer from a mental illness during their lifetimes

TRACEY TONG
@METRONEWS.CA

She's a daughter, sister, girlfriend, employee and a friend.

Rachel Scott-Mignon is just like you, or someone that you know, the 27-year-old told hundreds at the Ottawa Civic Centre yesterday.

But she's also the face of mental illness, she said.

"The reason I'm so eager to share is because, for the first 23 years of my life, I hid the symptoms and feelings I was so ashamed of," she said at the Royal Ottawa Foundation for Mental Health's Leaders for Mental Health breakfast yesterday.

She's been an inpatient at the Royal Ottawa Hospital several times, once for nearly six months.

"The Royal is a wonderful place with wonderful people, but it is not the place you ever imagine spending your 20s," she said.

"I know firsthand what it's like to be in pieces. But I also know what it's like to be whole ... to be happy ... That's what living with bipolar disorder is all about."
RACHEL SCOTT-MIGNON

She's gone through electroshock therapy 12 times, tried 25 different medications and seen psychologists and psychiatrists.

Yesterday's event was "one more step in order to break down the stigma," said Ottawa Senators Captain Daniel Alfredsson, a spokesman for the foundation's You Know Who I Am campaign.

"My motivation for getting involved with the campaign is because of my sister's battle with generalized anxiety disorder," he said.

JOE LOFARO/FOR METRO OTTAWA

▶ Linda McQuaig

Tax the rich, author says

There are more than 1,000 billionaires in the world and many of them are true troublemakers, according to Linda McQuaig, co-author of the new book, The Trouble with Billionaires.

The book dives into the corporate lives of billionaires like Bill Gates and how they circumvent paying enough taxes on their incredible wealth.

Speaking in downtown Ottawa yesterday, McQuaig said she doesn't buy into the notion that large donations from these individuals really benefit society.

Canada has also seen wealthy donations from the country's rich and famous. Peter Munk, founder of Barrick Gold, donated $35 million to the University of Toronto to form the Munk School of Global Affairs, for which he will receive a $16-million tax reduction.

"He is shaping what students at U of T will be learning. I find that very intrusive, controlling, and not very democratic," said McQuaig.

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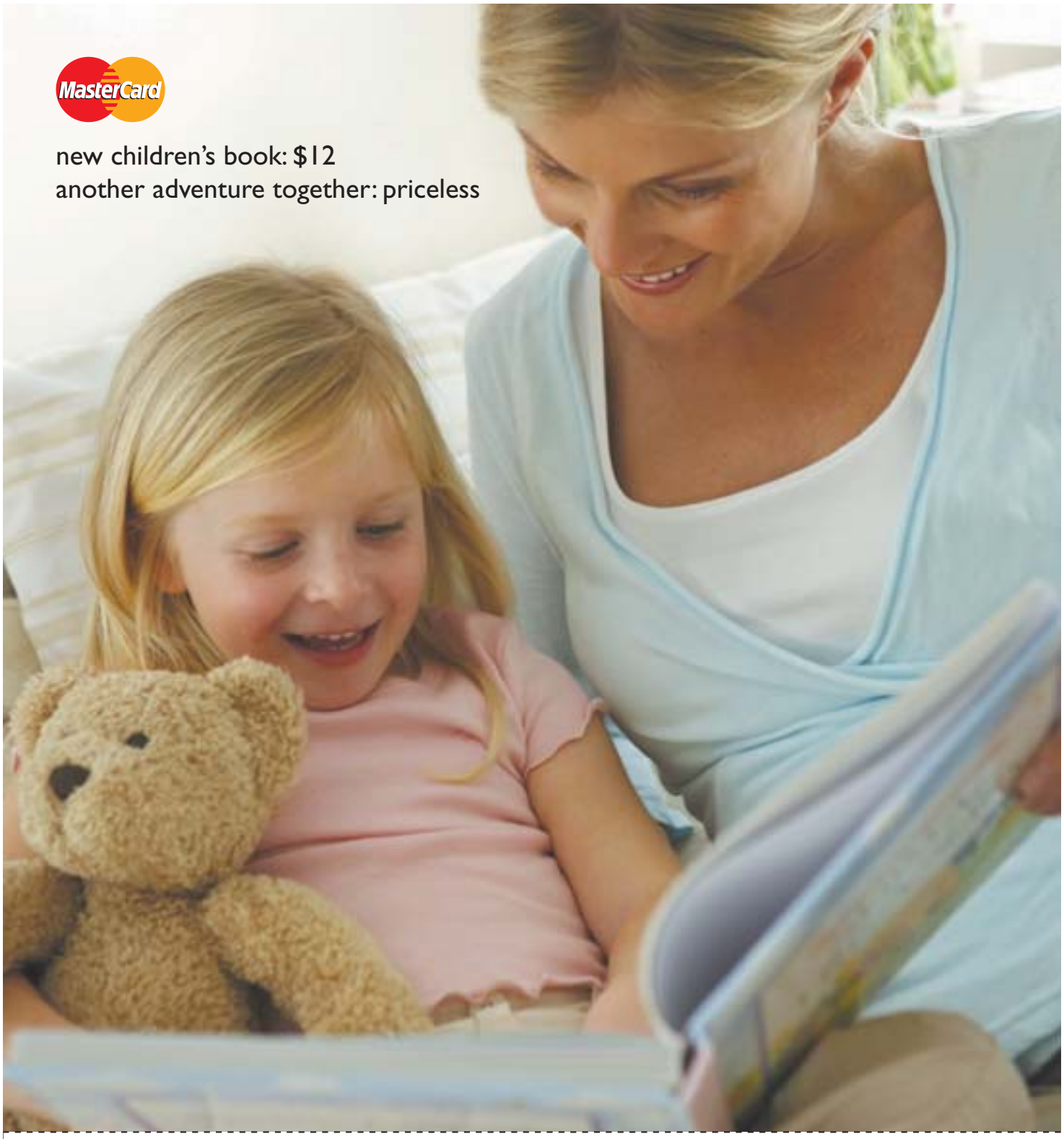

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Big border blockade

- More than 100 oil tankers lined up along road into Peshawar
- Drivers fear insurgent attacks

In a rundown market along the road to Afghanistan, you can buy U.S. Army gear stamped with soldiers' names, booklets marked "for official use only," even a manual that illustrates how "jammers" can stop remote-controlled bombs.

It's clear much of it is stolen from trucks carrying military supplies over the border. Recent raids on warehouses where the looted goods are stockpiled have even turned up photos mailed to U.S. soldiers from loved ones back home.

Not only is there merchandise here that could aid insurgents, it also illustrates the challenges of securing supply lines into landlocked Afghanistan, a task underscored in recent days by the closure of the main route through Pakistan and subsequent fiery attacks on convoys.

U.S. apologizes

The U.S. apologized yesterday for a recent helicopter attack that killed two Pakistani soldiers at an outpost near the Afghan border, saying American pilots mistook the soldiers for insurgents they were pursuing.

The apology, which came after a joint investigation, could pave the way for Pakistan to reopen a key border crossing that NATO uses to ship goods into landlocked Afghanistan.

Last week, Pakistan protested the killing of two Pakistani troops by a NATO helicopter by stopping supply convoys from crossing the border at Torkham, along the famed Khyber Pass. THE ASSOCIATED PRESS

MOHAMMAD SAJJAD/THE ASSOCIATED PRESS

▶ Afghanistan-bound NATO vehicles are parked at the Pakistani border town of Torkham yesterday.

A real nose for controversy

The American Civil Liberties Union claims in a lawsuit filed yesterday that a North Carolina school violated the constitutional rights of a 14-year-old student by suspending her for wearing a nose piercing.

The lawsuit from the state chapter of the ACLU seeks a court order allowing Ariana Iacono to return immediately to Clayton High School, which has kept her on suspension for four weeks since classes started.

The complaint hinges on Iacono's claim that her nose piercing isn't just a matter of fashion, but an article of faith. She and her mother, Nikki, belong to a small religious group called the Church of Body Modification, which sees tattoos, piercings and the like as channels to the divine.

The Johnston County school system's dress code bans facial piercings and other items deemed disruptive. THE ASSOCIATED PRESS

JIM R. BOUNDS/THE ASSOCIATED PRESS

▶ Ariana Iacono

Woman guilty of sexual imposition

A woman admitted yesterday that she posed as a teenage boy so she could date a teenage girl, pleading guilty to a misdemeanour charge of sexual imposition.

Patricia Dye, 31, also pleaded guilty to misdemeanour charges of attempted sexual imposition and contributing to the delinquency of a minor.

Authorities in Ohio say Dye cut her hair and used aliases, including the name Matt Abrams, to fool teenage girls into thinking she was a boy so she could have sexual contact with them. She dated at least two teenage girls, although charges were filed in connection with only one, a 16-year-old, prosecutors say.

Juvenile Court Judge Mike Powell sentenced Dye to six months in jail and suspended an additional 90 days. THE ASSOCIATED PRESS

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Bi-weekly payment and variable rate shown based on current (1) Bank prime rate and is subject to fluctuation; actual payment amounts will vary with rate fluctuations. Example: $10,000 at 3% for 84 months, the monthly payment is $122.13. Cost of borrowing is $1,058.92, total obligation is $11,058.92. Down payment and/or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. ∞∞Smart Purchase financing for 66 months on 2010 GMC Terrain SLE FWD (6TA)/Acadia SLE FWD (67A) on approved credit. Bi-weekly payment and variable rate shown based on current (1) Bank prime rate and is subject to fluctuation; actual payment amounts will vary with rate fluctuations. Example: $10,000 at 4.7% for 66 months, the monthly payment is $231.15. Cost of borrowing is $5,261.90, total obligation is $15,261.90. Down payment and/or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. ∞∞∞Smart Purchase financing for 71/81/76/76 months on 2010 GMC Sierra 1500 Reg. Cab 2WD (1TA)/Sierra 1500 Ext. Cab 2WD (1TA)/Sierra 1500 SLE FWD (1TA)/Acadia SLE FWD (67A) on approved credit. Bi-weekly payment and variable rate shown based on current (1) Bank prime rate and is subject to fluctuation; actual payment amounts will vary with rate fluctuations. Example: $10,000 at 5.99%/4.7%/4.3%/4.3%, APR with 48 month option and payments amortized over 71/81/76/76 months, the monthly payment is $310.79/$277.16/$249.10/$253.01 with one final payment of $6,553.18/$11,454.79/$8,886.89/$13,656.80. Cost of borrowing is $3,611.15/$5,541.79/$5,952.18/$4,899.56, total obligation is $22,609.15/$30,452.79/$22,852.18/$28,897.56. Down payment and/or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Excess wear and kilometer fees, disposal fee, duties and taxes not included. Dealers are free to set individual prices. This offer may not be combined with certain other consumer incentives available on GM vehicles, including deferred payment offers. GMCL or Ally Credit may modify, extend or withdraw this offer at any time without notice. Conditions and limitations apply. See your GM dealer for details. ††Based on Natural Resources Canada's 2010 Fuel Consumption Guide. Your actual fuel consumption may vary. ◊GM government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program. For more information on safety ratings, go to www.safercar.gov. 2010 GMC Terrain and 2010 GMC Acadia received both a 5-star rating for the driver and front passenger in the Frontal Crash Test and for front and rear seat occupants in the Side-Impact Crash Test. 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ΔΔΔBased on Natural Resources Canada's 2010 Fuel Consumption Guide. Your actual fuel consumption may vary. ††Sierra SLT-2. MSRP with freight, PDI & fees $53,894. Dealers are free to set individual prices. ‡‡Vehicle shown is 2010 GMC Sierra 1500 Hybrid SLT Crew Cab 4WD. MSRP with freight, PDI & fees $53,894. Dealers are free to set individual prices. Offers subject to availability. Offers may be modified, extended or withdrawn at any time without notice. Conditions and limitations apply. See your GM dealer for details. ‡‡‡Terrain SLT-2. MSRP with freight, PDI & fees $38,894. Dealers are free to set individual prices. ◆◆Vehicle shown is 2010 GMC Acadia SLT-2 AWD. MSRP with freight, PDI & fees $53,894. Dealers are free to set individual prices. ◆◆◆Based on 2010 GMC Acadia SLT-2 AWD. Vehicle shown with optional equipment installed on a non-PPSD truck from on-ground inventory. Dealer installation included. 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Canada pulling out of Kandahar too early: NATO

Canadian troops leaving at 'critical time,' says NATO chief of operations
Withdrawal planned for next year

Canada's planned withdrawal of troops from Kandahar next year threatens to undermine progress being made in the volatile Afghan province, a senior NATO officer said yesterday.

Coalition and Afghan forces in Kandahar have in recent months launched a multi-pronged offensive against Taliban insurgents.

Many see the operation, dubbed Hamkari, as the international community's last chance to bring stability to southern Afghanistan.

NATO's chief of operations for southern Afghanistan, Col. Dave Bellon, said the Canadian withdrawal, which will occur during the middle of next year's fighting season, "couldn't be at a more critical time."

"There is no other country that is going to backfill Canada in Panjwaii, except the United States, and there are no additional forces (in Afghanistan)."
COL. DAVE BELLON, NATO'S CHIEF OF OPERATIONS FOR SOUTHERN AFGHANISTAN

Bellon indicated it will be impossible to replace Canada's more than 1,000 combat troops without diminishing forces elsewhere in the country.

"I'll shoot you straight; it's going to hurt us," Bellon said. "That means we're going to take an already stretched force and stretch it farther."

The vast majority of Canada's combat troops are currently based in Panjwaii, a largely rural district southwest of Kandahar city known as a Taliban stronghold.

The Canadian battle group is being used to block their access to the city as U.S. forces push the Taliban down from neighbouring Zhari district.

THE CANADIAN PRESS

▶ This custom-designed Barbie is wearing a one-carat pink diamond necklace, and will be the world's most expensive Barbie when she goes on the auction block.

THE ASSOCIATED PRESS

Barbie gets some bling

Big girls will love this doll. Christie's in New York will sell this Barbie, created by international fine jewelry designer Stefano Canturi, for an estimated $300,000 to $500,000 on Oct. 20. All proceeds will benefit the Breast Cancer Research Foundation in support of Breast Cancer Awareness Month.

Thief says he feared for his life

A thief is testifying he feared for his life when a Toronto Chinatown grocer chased him down, tied him up and threw him into a van.

Anthony Bennett — who pleaded guilty last year to stealing $60 worth of flowers — says shopkeeper David Chen could have just walked him back to the store.

"I didn't know if these guys were going to take me back to the store ... or what their intentions were," Chen testified Wednesday.

"Why couldn't we just walk back to the store? Why did they put me in the van?

"I was in fear for my life."

Bennett took the witness stand as Chen's trial on confinement and assault charges got underway.

He admitted to stealing flowers from Chen's store in May 2009 and then returning about an hour later, when he was caught.

THE CANADIAN PRESS

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Let's be pals, Johnston to Harper and co.

New process sees Governor General chosen by committee of experts rather than the prime minister

Canada's new Governor General says he needs to foster a degree of compatibility with the prime minister if he is to fulfil his duty of preserving Canada's political institutions.

David Johnston told The Canadian Press in an interview yesterday that he needs to maintain a rapport with Prime Minister Stephen Harper and his cabinet.

Johnston said his job is to take the long view, encouraging the government to preserve the institutions of parliamentary democracy.

He says he is not a referee of political ups and downs, but an apolitical voice that can offer the prime minister his views on how best to maintain Canada's values.

And when he's not playing hide-and-seek with his grandchildren through the maze of rooms at Rideau Hall or ploughing through history books, he says he also wants to use the office of the Governor General to partner with institutions or groups that promote innovation, family and philanthropy.

Johnston and his wife Sharon expect to begin travelling across Canada in the near future, aiming to properly introduce themselves to the country before doing any travelling overseas.

THE CANADIAN PRESS

Parliament prep

Is Governor General David Johnston ready for life as a vice regal?

- **Johnston says he is currently studying the biography of former Governor General Lord Byng.**
- **Harper named Johnston to define the terms of the politically charged inquiry into Brian Mulroney's relationship with Karlheinz Schreiber.**

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REVENUES

Costco's income rises, but stock falls

Increased revenue from selling memberships and strength overseas helped push Costco Wholesale Corp.'s net income up 16 per cent in the fiscal fourth quarter.

Costco's shares fell 57 cents to $64.09 US in morning trading after revenue that came in shy of analysts' forecasts. The nation's biggest warehouse club operator has seen the number of customers in its clubs grow as shoppers hunt for deals in the weak economy. Costco reported it earned $432 million, or 97 cents per share, for the period ended Aug. 29.

THE ASSOCIATED PRESS

Crull named new Bell boss

Bell Canada has named Kevin Crull as the successor to longtime CTVglobemedia head Ivan Fecan as the telecom company begins a push to harness broadcast content from CTV television for use on its Internet and wireless networks.

Crull has been leading Bell Canada's residential services business, which includes its Bell TV, Internet and home phone operations across the country. He will move into his new job Jan. 1.

$1.3B Last month, Bell Canada's parent company, bought the rest of the CTV television network it doesn't already own for $1.3 billion.

THE CANADIAN PRESS

World economy to strengthen: IMF

RICHARD DREW/THE ASSOCIATED PRESS

▶ Trader Robert Gray works on the floor of the New York Stock Exchange.

Advanced economies such as the U.S. and Europe forecast to grow

The global economy will likely strengthen the rest of this year and in 2011 as China and other emerging powers offset weakness in the United States and Europe.

Canada will continue to lead the United States in terms of growth, according to the latest outlook of the International Monetary Fund, but the IMF's estimates for both countries has been lowered since the previous outlook in July.

The IMF predicts the world economy will expand overall by 4.8 per cent this year and 4.2 per cent next year. That would far surpass last year's 0.6 per cent decline, the worst since the Second World War ended in 1945. The IMF's forecast for worldwide growth this year is 0.2 percentage points more.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

DOLLAR
$98.94 (+ 0.59¢)

Natural gas 1,000 cu ft
$3.851 (+ 10.8¢ US)
Gold contracts
$1346.40 (+$7.50 US)

OIL
$83.23 (+41¢)

TSX
12,501.72 (+ 3.72)

New plant, new methods for Maple Leaf operation

Maple Leaf Foods is taking on broad operational changes, including plant consolidation and construction of a new prepared-meats factory starting in 2012, to improve its profitability and competitiveness.

The five-year strategic plan calls for the company, one of Canada's largest food producers, to increase spending on "strategic" initiatives — a total of $755 million from this year through 2013.

Initial changes will include pricing adjustments.

"This plan will enable Maple Leaf Foods to further address what we believe is a structural shift in currency, which has caused a productivity gap for Maple Leaf."

MAPLE LEAF PRESIDENT AND CEO MICHAEL MCCAIN

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A TRAGICALLY UNHIP LIST OF TUNES

He says ...

JOHN MAZEROLLE

The book 100 Top Canadian Singles is on sale, and here are the coveted top 35:

35. If I Had A Rocket Launcher It Would Be Registered, Bruce Cockburn
34. William Shatner's Rocketman (Elton John version only)
33. Pulled Aside At The Airport Again, Raffi
32. How's About The Boy From Labrador City?, Moose Factory Transfer
31. Sometimes When We Touch (first two seconds only), Dan Hill
30. Tom Cochrane contemplates that all his obituaries will involve mention of an exit ramp (dinner conversation)
29. The Weight, Burton Cummings
28. Ave Maria, Chad Kroeger
27. Smash Your Radio With A Hammer!, Shania Twain
26. Canadian Railroad Trilogy re-release with updated special effects (Lightfoot shoots first), George Lucas
25. The Treehouse Theme Song ("Come with me ...")
24. Teenage John Mazerolle plays the euphonium in his living room (casingle only)
23. Could Have Been A Lady, A Hungover Guy Trying To Remember What Happened
22. The Hampster Dance Song
21. Takin' Care Of Business (as soon as we launch this exploratory committee into the viability of holding hearings into the possibility of changing legislation), The Canadian government
20. Huckleberry Finn, Rush
19. OK! Blue Jays! (Ballad version only)
18. Hasn't Hit Me Yet, any opponent of the Edmonton Oilers
17. I've Always Got Time For You, Tim Horton

"15. Constant Raving, Don Cherry"

16. The Eyes Of A Stranger, The Morgue Robbers
15. Constant Raving, Don Cherry
14. Hope, Love, Faith, Blah, Blah, Blah, Canadian Idol winners
13. Hair!, Justin Bieber
12. (Everything I Do) Kind Of Sucks, Bryan Adams
11. Sunglasses At Night, The Insufferable Hipsters
10. Whatcha Do To My Body, Anne Murray
9. Wondering Where The Lions Are, A Fired Zookeeper
8. Token French Song, Two Solitudes
7. OK, So It's Been A Long Time, Trooper
6. Up On Physically Disabled Creek, The Politically Correct Band
5. Sonny's Dream (losing his teeth, then naked in front of crowd, then trying to run but can't version), Ron Hynes
4. If I Had $667,000, Barenaked Ladies (April 30 concert)
3. If You Could Read My Mind, You'd Know I Wasn't Dead, Gordon Lightfoot
2. Porky's II read-along storybook (on 45)
1. O Canada (secular, gender-neutral version)

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER

New wardrobe bylaws

Worth mentioning

Ukraine's glamorous former prime minister is slamming a new government dress code as "laughable."

Yulia Tymoshenko, known for lacy dresses and stilettos, said yesterday the dress code would prevent the Queen from entering cabinet premises.

"The Queen of England and (Libya's leader Moammar) Gadhafi, for instance, for sure would not have been allowed in the cabinet," Tymoshenko, who is now a top opposition leader, quipped at a news conference yesterday.

The code adopted this week calls on men working at the Cabinet of Ministers to wear mostly grey and dark blue suits and not wear the same suit to work two days in a row.

Women are asked to stick to business suits and low-heeled shoes, and refrain from excessive makeup and jewelry.

Tymoshenko's stylish outfits and traditional Ukrainian braid have earned her a reputation as a glamour and fashion icon.

Some observers noted a new dress code was overdue for government offices and other institutions in Ukraine, where women often wear tight, low-cut dresses to work while men are often seen in the same outfit for days in a row.

THE ASSOCIATED PRESS

A vote for fashion

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Metro Minute with Fright Nights

Every Thursday night this month, the Canadian Museum of Nature is serving up some scary fun with haunted tours and a Hollywood horror movie classic.

Delve into tales of the paranormal with museum ghost tours presented in partnership with Haunted Walks Ottawa. The walks are based on the extremely popular tour, which blends the museum's notorious legends of ghostly happenings with factual information from its century-old history. The museum will also offer screenings of Stanley Kubrick's horror movie The Shining in French and English Thursday nights at 6:45 and 9, respectively. Tours are $10 per adult and the movie is $5.

TRACEY TONG

JIM DEAN/HAUNTED WALKS INC.

▶ Haunted Walks guides will offer their popular program at the Canadian Museum of Nature every Thursday night this month.

2 scene

Movies

Emma Stone will play Gwen Stacy in the next Spider-Man movie.

Stone will star opposite Andrew Garfield, who plays Spidey and alter-ego Peter Parker. The announcement was made Tuesday by Sony Pictures Entertainment Inc. and Columbia Pictures.

Director Marc Webb says the chemistry between Stone and Garfield was "stunning," which made the 21-year-old actress the "clear choice" to play Gwen.

Stone's screen credits include Easy A and Superbad.

The new movie will focus on a younger version of the superhero. It will be filmed in 3-D, and is scheduled for release July 3, 2012.

Tobey Maguire and director Sam Raimi, who made three blockbuster Spider-Man movies together, departed amid story and scheduling issues over the fourth movie.

THE ASSOCIATED PRESS

A visit to Spider-Man Turn Off the Dark reveals a humming production.

Reznor and Fincher team up for Facebook movie Reznor was inspired to create a sinister soundtrack, with undertones of anxiety The Nine Inch Nails frontman has also formed a new band, How to Destroy Angels, and has an HBO series in the works

ENNIO LEANZA/AP PHOTO/KEYSTONE

▶ Trent Reznor, singer of the band Nine Inch Nails, performs during the Music Openair Festival in St. Gallen, Switzerland, in June 2009.

Trent Reznor scores with The Social Network

Trent Reznor were both central figures in the heyday of music videos, their most significant collaboration has come years later — not on MTV but in one of the most acclaimed films of the year.

Reznor — with producer Atticus Ross — provides the dark score to The Social Network, Fincher's film about the rise of Facebook, the social networking behemoth.

Like Jonny Greenwood's score to Paul Thomas Anderson's There Will Be Blood, Reznor's soundtrack adds an ominous, unmistakable layer to The Social Network.

Reznor was pleased, he says, that his score "made it a shade darker."

Before coming together for The Social Network, Reznor and Fincher ran in similar circles.

"I don't want to make it sound like there was no sweat or agony, but it was so effortless. (Reznor) was able to intuit what it needed and come back with (QuickTime audio files) that we were like, 'Wow, that works.'"
DAVID FINCHER

In the late 1980s and 1990s, Fincher was one of the most sought after music video directors, while Reznor and his industrial one-man band, Nine Inch Nails, often worked with the form's best artists — notably for the video to Closer, directed by Mark Romanek.

Reznor and Fincher had tried many times to do a video project together. "We talked about him scoring a film," Fincher says. "We had talked around the subject many times."

Fincher didn't direct a Nine Inch Nails video until 2005 (Only), though he did use a version of Closer for the opening credits of his 1995 film Se7en. The two also discussed a Broadway adaptation of Fincher's 1999 movie Fight Club, which wasn't realized.

When Fincher approached Reznor last fall with the idea of scoring The Social Network, Reznor — looking for time off after just completing a Nine Inch Nails farewell tour and getting married — turned him down. He was also initially apprehensive.

"Any skepticism was based purely on hearing the sentence, 'It's a movie about Facebook,'" says Reznor, who was rapidly convinced by Aaron Sorkin's script and Fincher's intentions. "Any fear I had that it was trend-hopping or zietgeisty quickly evaporated."

Still, Reznor demurred, aiming to keep his pledge to himself for a hiatus. But five months later — still contemplating the film — he called Fincher to apologize, and Fincher told him he was still hoping he would do it.

With rough cuts of some scenes to view, Reznor began getting ideas and jumped in. He was inspired to create "something that's a bit sinister, something with tense undertones, something uncomfortable, with some anxiety."

Reznor recorded 16 different soundscapes or "vibes," thinking they were merely rough cuts. But Fincher cut them underneath the movie and found them just right. Supervising sound editor Ren Klyce also made significant contributions.

THE ASSOCIATED PRESS

The score

Fincher wanted the soundtrack to have a synthetic feel, with something organic to represent humanity — the piano.

- **Hand Covers Bruise** is among the most striking of the instrumental songs, which plays during the opening credits.
- **In the Hall of the Mountain King** soundtracks a regatta scene, and is a version of the Edvard Grieg track.

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Album reviews A classic ●●●●● | Buy it ●●●● | Get the single ●●● | Borrow it ●● | Don't bother ●

Formula for guitar rock success

Finger Eleven
Album: Life Turns Electric
Label: Wind-up/Sony
●●●
It's hard to believe this band started out in Burlington, Ont., as an edgy bunch of punks called the Rainbow Butt Monkeys. A name change and two monster hits (One Thing and Paralyzer) have given Finger Eleven the taste of Top-10 success and the band hopes to have another drink from the cup with the new single Living in a Dream. The song is so close to the Paralyzer template, one song could bleed into another. It's cynical to think Paralyzer fans will come rushing back for more of the same. But, hey, it always worked for Nickelback. Still there's enough distinctive guitar rock on the album in songs like Any Moment Now and Pieces Fit to keep Finger Eleven's credibility in tact. The most interesting track here is the closer, a gentle rolling song called Love's What You Left Me With. **Outstanding track:** Love's What You Left Me With

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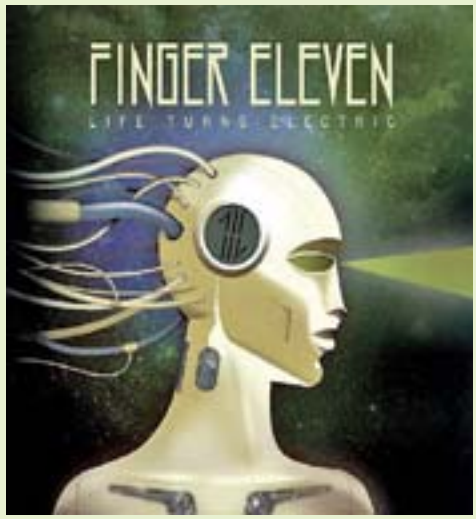

KT Tunstall
Album: Tiger Suit
Label: EMI
●●●
It didn't take long for KT Tunstall to shed her one-hit-wonder tag — 2007's Drastic Fantastic was solid folk-rock follow-up to her debut hit Eye to the Telescope and the disc's massive song Suddenly I See. While her third record builds on her acoustic pop sound, she's clearly trying to expand her comfort zone by adding electro riffs and dirtier rock guitars. It doesn't always work — Difficulty's fluffy chorus and distorted riffs are distracting — but when she sticks her rollicking folk tunes she shines. Push that Knot Away **Outstanding track:** Push that Knot Away

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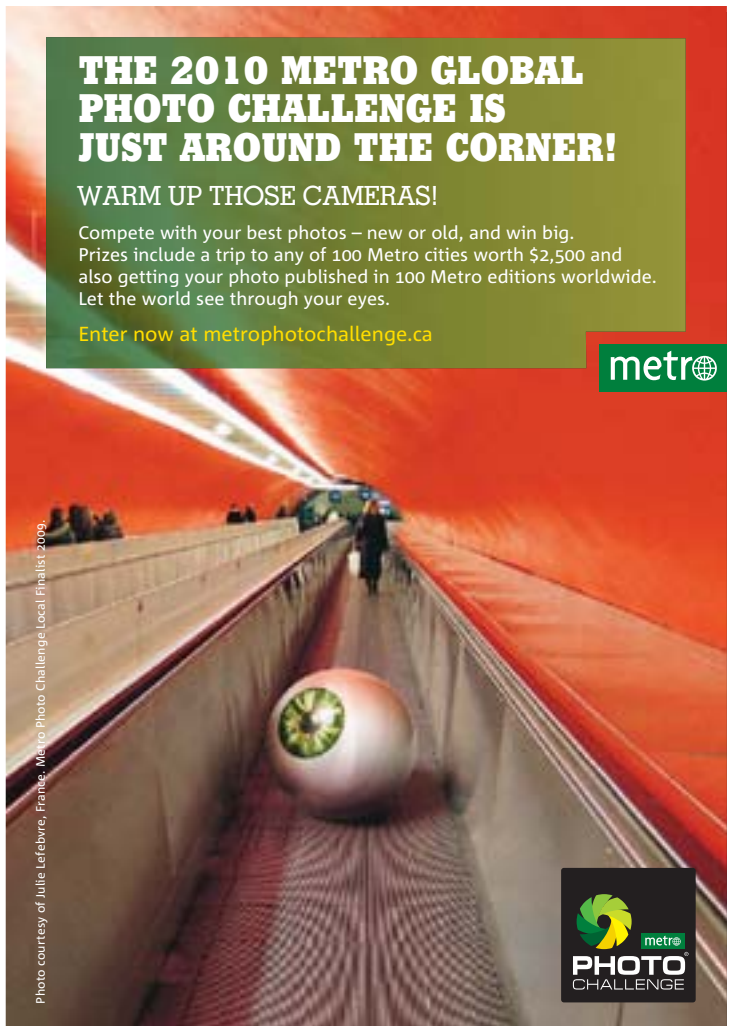
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Is fall TV falling flat?

New TV season devoid of any must-see shows Hawaii Five-0 only newbie to crack Top 20 list

Two weeks into a new television season, and it's clear there are no must-see new programs.

CBS' Monday night remake of Hawaii Five-0 was the only new program to crack the Nielsen Co.'s list of the 20 most popular programs last week.

Its audience of 12.7 million viewers was down from the 14.2 million people who saw the premiere — not unusual, but not the sign of a show taking off, either.

Already, two programs have been cancelled: Fox's Lone Star and ABC's My Generation.

The latter had only 3.8 million viewers last week, deadly for a Thursday night, and no help to Grey's Anatomy, which followed it on the schedule.

Other programs — NBC's Jimmy Smits vehicle Outlaw, ABC's procedural The Whole Truth and the Fox comedy Running Wilde — need to start showing progress soon, or they could face the same fate.

As the most stable network, CBS has had the most success getting people to try out their shows. The comedy Mike & Molly is off to a solid start on Monday nights, and Tom Selleck's Blue Bloods has done well on Fridays, usually a tough night for TV viewing.

ABC's No Ordinary Family opened to an audience of 10.7 million viewers last week, a solid start.

Last week's favourites were familiar to viewers: dancing, football and NCIS.

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SUBMITTED

▶ Hawaii Five-O's Alex O'Loughlin.

Doc follows Springsteen into studio

DOCUMENTARY. Bruce Springsteen fans won't want to miss the documentary The Promise: The Making of Darkness on the Edge of Town, which goes into the recording studio with the Boss and the E Street Band as they record their fourth album. (HBO Canada)

Hapless prof returns to Community

COMEDY. John Oliver of The Daily Show with Jon Stewart resumes his role as Professor Duncan over on Community, this time with the hapless prof struggling to take over the anthropology class with no training. Meanwhile, Pierce deals with the death of his mother. (Citytv)

Glee beats Beatles

The Glee cast has surpassed the Beatles for the most appearances on the Billboard Hot 100 chart by a non-solo act.

The cast of the Fox television musical series about a high school glee club has six debuts on the chart this week. That gives it a total of 75 songs on the chart to the Beatles' 71.

The show's soundtrack got a boost after last week's episode featuring the music of Britney Spears.

Elvis Presley still leads overall with 108 songs to chart on the Hot 100. He's followed by James Brown with 91, then Glee.

The Beatles are sixth, behind Ray Charles and Aretha Franklin. Lil Wayne, Stevie Wonder and Jay-Z round out the Top 10.

Nielsen SoundScan says the Glee cast has sold 11.5 million downloads.

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Mel's ex spills on secret recordings

Grigorieva claims she feared for her life **Says extortion not a motive**

Oksana Grigorieva is finally speaking out about her feud with Mel Gibson and why she recorded his tirades over the phone to her.

"I thought he would kill me," she tells People magazine. "I needed to document his threats."

The Russian singer insists the recordings were never meant as extortion. "I'm not angry at him," she says.

"For the sake of (our daughter) Lucia, I really want him to be well. He has to have the courage to be responsible for what he's done." METRO

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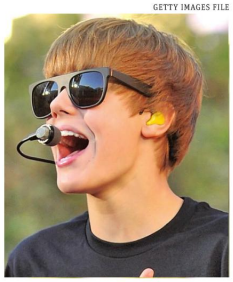


Biebs thinks Pattinson an ideal wing man

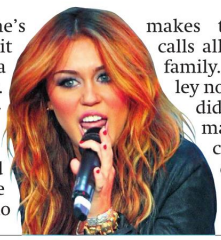
Justin Bieber doesn't necessarily need help picking up girls, but he wouldn't mind having Robert Pattinson by his side, according to Hollyscoop.

"We should go to a few showbiz parties and see what happens," Bieber says. "Robert says his hair is a great ice-breaker, so maybe we can go up to girls and be like, 'Do you wanna touch our hair?' How about that for an opening line?" The Canadian singer wouldn't mind venturing to the Twilight star's homeland, either: "The girls go crazy for him over here, but I have a big thing for English girls so maybe we could hit a couple of parties in London as well," he says. METRO

Family worried about Miley Cyrus

Miley Cyrus' family is reportedly starting to worry that the teen starlet will turn into another Lindsay Lohan, according to Hollywood Life.

"At first Miley's mom, Tish, got upset when people would tell her her daughter was being wild, but now she's realizing it herself," a source says. "We're concerned for her. She's 17 years old but is the one who makes the money and calls all the shots in the family. No one tells Miley no. And even if they did, she's so charismatic that she'd convince them to change their minds." METRO



Celebrity tweets

50 Cent [@50cent] You know if you don't like me something might be wrong with you. I just looked in the mirror and I'm cool man.

Joseph Gordon-Levitt [@hitRECordJoe] My super hero brother @burningdan 1974-2010. Celebrate his life.

Eliza Dushku [@elizadushku] Can I attach my computer/laptop to my home tv so I can watch online netflix on big screen? Yelp please

Conan O'Brien [@ConanOBrien] Okay, I admit it. I find Meg Whitman's ex-nanny weirdly attractive. METRO

McAdams's new love interest

PEOPLE Michael Sheen and Rachel McAdams have been turning heads in Canada, where the rumored couple was spotted taking a stroll holding hands, according to Us Weekly. While they were first spotted locking lips during the Toronto Film Festival, Sheen and McAdams are said to have been quietly spending lots of quality time together. METRO

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3 life

McQueen

In the months that followed Alexander McQueen's suicide in February, the fashion world was abuzz with speculation about the future of the house. But following Sarah Burton's brilliant debut this week at the helm of the label put any rumours about the house's future to rest.

THE ASSOCIATED PRESS

British designer Giles Deacon's debut breathes new life into Ungaro

GIOVANNA BATTAGLIA

The final word from Paris

KENYA HUNT
STYLE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

In the international parade of catwalks, Paris always is the definitive fashion week.

The shows seemed to overwhelmingly fall into two categories: structured '70s-influenced shapes or light and airy fluidity.

In part, the disco-era work of Yves Saint Laurent partly influenced the '70s feeling in the air from the flared trousers at Sonia Rykiel and Akris to, of course, the ruffled dresses and le smoking reinterpretations at Yves Saint Laurent.

Louis Vuitton ended the week on this note with an extravagant study in the idea of camp with glam, opulent, shimmery dresses in bold jewel tone colours. Meanwhile, a lighter, airy school of thought also emerged this week through the fluid, diaphanous skirts and dresses at Lanvin, Rochas, Stella McCartney and Chloé to name just a few.

1 STELLA MCCARTNEY

With so few designers actually paying attention the seasons they're designing for (half of Spring/Summer '11 could be worn in autumn and winter), it's nice to see a collection that seems genuinely tailored for warm weather.

McCartney's pastel blazers and high-waist cropped trousers were just light enough for a spring day in the office. Meanwhile her jumpsuits with thigh-high slits seemed designed with a summer breeze in mind.

Other standouts included a series of dresses in bold graphic prints of oversized citrus fruits.

2 CHLOÉ

Change is good. Just when it seemed fashion was giving us blush and camel overload, Hannah MacGibbon took a departure from the colours palette she helped make famous.

With an audience filled with editors wearing (you guessed it) camel and blush, Hannah MacGibbon sent models out in crisp whites, black and taupe with a single moment of red. The colour palette wasn't the only major change.

Her trademark '70s silhouettes were replaced with clean and thoroughly modern minimalist looks: a series of delicately pleated dresses that hit the knee and mid-calf and trouser and long sleeve tee pairings that had a note of restraint.

MacGibbon also explored transparency, which we've seen a lot of this season, in sheer, tulle ballerina-like dresses.

3 YVES SAINT LAURENT

This runway season, many designers have referenced the work of the man, Yves Saint Laurent. So it goes without saying that the house, Yves Saint Laurent, would need to be the definitive voice on these ideas.

Stefano Pilati's collection, intelligently and beautifully reinvented the masters trademarks including a smoking tuxedo jacket, the colours orange, longish ruffled dresses and more with strong results.

They were exactly the kind of vibrant, feminine clothes that Pilati needed to show after last season's lukewarmly received, clinical looks. They captured the trends of the season in a memorable way.

4 CHANEL

Always known for his mastery of the theatrical in fashion, Karl Lagerfeld staged the ultimate garden party with models walking through an elaborate runway set modeled after the landscaped greenery of Versailles.

The looks, easily the most sublime of the week, ranged from ethereal (fantastical, couture-like tiered gowns with tulle and feathers) to whimsical (tweed suits with frayed edges.) At the end of a long week of shows, the collection was a burst of energy.

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DECOR MOMENT

KARL LOHNES
HOME@METRONEWS.CA

Last week I was invited to New York City to preview the latest product from Martha Stewart; her new collection of kitchen cabinetry for KraftMaid Cabinetry, which launches in Home Depot stores this month.

The kitchen styles are reminiscent of Martha's own kitchens and the ones you've seen on her television shows and in her magazine. They are casual, simple and detail oriented; just what you would expect from this queen of organization and style.

They were everything I expected; quality, great looks and very on-trend finishes that will last a long time. What I was not expecting — but what first-time homebuyers who want to upgrade their kitchen will like — is the affordable price. The cabinetry is at entry-level pricing for semi custom kitchens, and starts at $125 per linear foot. I also like that she is offering us a first in affordable kitchens; the painted farmhouse looking style with features that are normally found in high-end kitchens.

▶ Martha Stewart.

Stewart was very charming and forthcoming about her ideas of the perfect kitchen; she loves quality, great organizational options. Beautiful details like shelf brackets, reproduction hardware and durable stone looking counter tops.

Once installed, you will have a classically-designed kitchen that will last a lifetime.

Many looks

- The kitchens come in 20 door styles, creating hundreds of finishes and looks. The most wonderful accents are brackets, painted cabinetry and great looking hardware; options that help to create the ultimate farmhouse kitchen; a look that has been lacking for a long time. Martha has teamed up with Corian for a great selection of counter tops; all her distinct counter top styles resemble stone counters but for a much lower price. Classic hardware styles that are reproduced in iron, polished brass and nickel finishes are right on track with the trends of today.

▶ A look at Martha Stewart's new line of cabinetry.

Housing

Home costs dipping low

The record-breaking rush of 2009 is over in Ottawa as the numbers of homes sold dipped this month, though overall prices continued to rise.

Members of the Ottawa Real Estate Board (OREA) sold 1,074 residential properties in Sept. 2010 compared to 1,218 properties in the same period last year, the highest number of sales ever recorded by the OREA, a decrease of 11.8 per cent. Yet the average price of a residential property sold throughout Ottawa increased 6.6 per cent to a high of $324,745 this month compared to $304,607 in Sept. 2009.

Ottawa Real Estate Board past president Rick Snell says the numbers have balanced out to a level that is historically normal in the Ottawa region, suggesting the health of the city's real estate market is quite good.

"After record-breaking sales in September of 2009, this year's sales were closer to the five-year average for this time of year. Home prices continued to appreciate but not skyrocket, as they generally do in Ottawa. I would describe the current state of the housing market in our region as balanced, with a good supply of homes available for sale," Snell said.

Central Ottawa showed plenty of demand, especially amongst young professionals, while outer regions held steady as well.

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Decorate for the harvest

HOMES IN STYLE

HEATHER BUCHAN
HOME@METRONEWS.CA

Thanksgiving is the time for family and friends to gather around a harvest table to enjoy a hearty meal and good conversation. And nothing sets the mood better than a seasonally decorated tabletop. Here are some quick tips on how to dress your table to impress.

According to Canadian interior designer Jane Lockhart, host of the W Network's Colour Confidential, one of this fall's biggest decorating trends is the use of natural materials. Think wooden bowls filled with pinecones and acorns, woven placemats and candlesticks wrapped with raffia.

With that in mind, Lockhart suggests making a Thanksgiving centre piece statement by filling a large bowl or basket with mini-pumpkins, gourds, and green and red apples. "Avoid high centre pieces so they don't block people's views across the table," she says, adding, "I also like to add a decorative runner in a sage green or brown to ground the table overall."

As with any type of decorating, the key is to strike the right balance. "Don't add too much to the table so that it's difficult for people to move or spread out for dinner," warns Lockhart. "Think function before decoration to avoid too much table clutter."

Just a few table accessories in fall colours — napkins, plate chargers, a runner, place cards, a few candles and a beautiful centre piece — can go a long way.

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3. WEST ELM, $10
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5. CRATE&BARREL, $29, $39, $49
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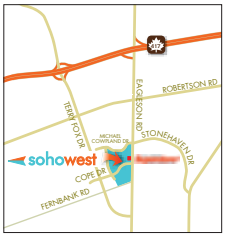

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09/10 • 587

A taste of local

Don't let construction keep you away

SHARI GOODMAN/FOR METRO CANADA

▶ Pulled pork sandwich paired with curried chicken and lentil soup.

LUNCH RUSH

SHARI GOODMAN
FOOD@METRONEWS.CA

Local, seasonal, artisan, organic and sustainable are all buzz words in the food community, and The Piggy Market lives and breathes this mantra. Just buying a hunk of bacon there means you're helping to keep local farmers viable.

The pulled pork sandwich I ordered was perfectly tender with a crunch from the toasted sub bun and sweet from the barbecue sauce. The heritage breed pork was so tender, partly from the way it was prepared, but also because the pig it came from lived a happy life away from a factory farm. The gamey blue cheese melted into the mix gave the sandwich an earthy, rich taste.

I also ordered the curried chicken and lentil soup ($5) that was lightly flavoured but full of fork-large chunks of chicken and more than enough lentils to make it hearty.

A tip during construction: park at Mountain Equipment Co-op and walk to this hard-to-get-to but worthwhile lunch spot.

Pulled Pork Sandwich ($6.50), Curry Chicken and Lentil Soup ($5)

- **The Piggy Market**
- **393 Richmond Rd. (400 Winston Ave)**
- **(613) 371-6124**
- **Hours of Operation – Mon. – Wed. (10:00 a.m.-6:30 p.m.), Thu. – Fri. (10:00 a.m. – 7:00 p.m.), Sat. (9:00 a.m. - 6:30 p.m.), Sun. (11:00 a.m. – 5:00 p.m.), Lunch available for take-out Mon. – Sat. (11:30 a.m. – 1:30 p.m.)**
- **Rating ******

Maple stuffed turkey breast

▶ Ideal for a smaller crowd this Thanksgiving.

Yields: **4–6 servings**

Preparation:

1. Preheat oven to 160 C (325 F). In a large pan, heat butter and saute onion until transparent. Add garlic, sage and cranberries. Saute until cranberries are softened. Stir in rice, season with salt and pepper and set aside.
2. With skin side down, flatten turkey breast with the flat side of a meat mallet or a rolling pin until meat is of fairly uniform thickness.
3. In a bowl, combine maple syrup and butter well. Spread 50 ml (1/4 cup) of the butter mixture on the inside of the turkey breast. Spoon stuffing mixture on breast leaving a 5-cm (2-inch) border around the sides. Starting at one end, fold turkey breast around the stuffing, fully enclosing the stuffing, and secure with string or skewers.
4. Lay carrots in the bottom of a lightly oiled roasting pan. Place turkey breast seam side down on carrots and rub with another 50 ml (1/4 cup) of the butter mixture. Season with salt, pepper and sage, then cover and bake for 30 minutes. Uncover and continue to bake for 1 hour or until meat thermometer registers 83 C (180 F).
5. Let turkey rest for 5 minutes. In the meantime, heat remaining butter-maple syrup mixture on medium heat until mixture begins to boil and starts to reduce. When thickened, remove from heat. Remove string or skewers from turkey breast and slice in 2.5-cm (1-inch) thick slices. Serve with roasted carrots and maple sauce.

THE CANADIAN PRESS

Ingredients :

- 15 ml (1 tbsp) butter
- 50 ml (1/4 cup) onion, finely diced
- 1 clove garlic, minced
- 15 ml (1 tbsp) sage, chopped
- 125 ml (1/2 cup) fresh or frozen cranberries, chopped
- 375 ml (1 1/2 cups) long-grain and wild rice mix, cooked
- Salt and pepper, to taste
- 1.5 kg (3 lb) turkey breast, boneless, skin on
- 175 ml (3/4 cup) real maple syrup
- 125 ml (1/2 cup) butter, softened
- 5 ml (1 tsp) dried sage
- 4 large carrots, cut into halves lengthwise

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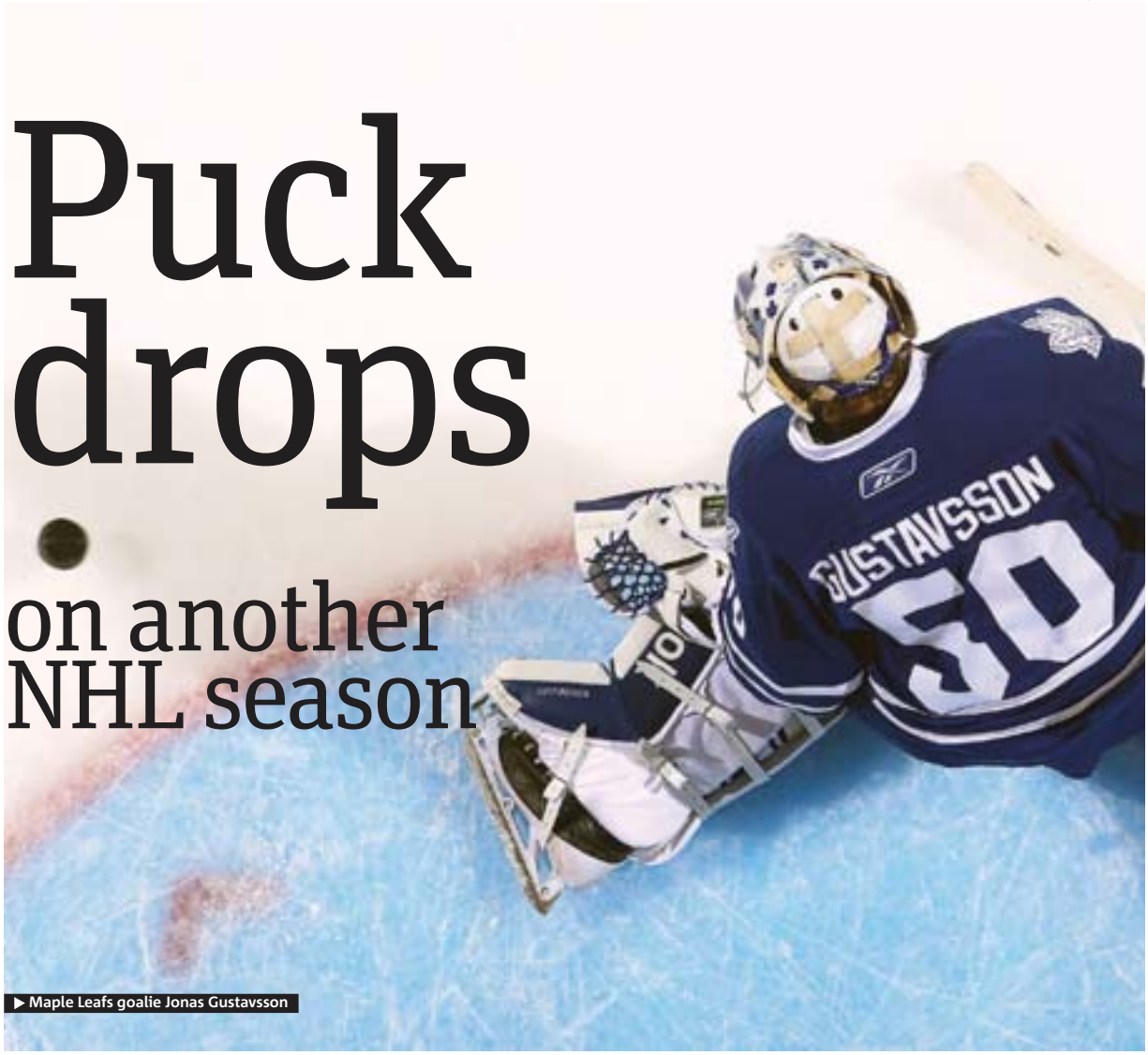
4 sports

NHL Preview

CLAUS ANDERSEN/GETTY IMAGES

Puck drops on another NHL season



▶ Maple Leafs goalie Jonas Gustavsson

A new NHL season begins today with a pair of classic Canadian matchups.

The Montreal Canadiens face the Maple Leafs in Toronto (CBC, 7 p.m.), while the Battle of Alberta resumes with the Calgary Flames visiting the Edmonton Oilers (CBC, 10 p.m.).

There is also a game from Helsinki, as the Carolina Hurricanes meet the Minnesota Wild (TSN, noon). It's one of six games that will be played in Europe at the start of the season.

The Canadiens left their pre-season retreat in Clermont, Que., yesterday knowing they will be missing some key pieces when they begin the 82-game schedule against their oldest rivals.

Michael Cammalleri, a Toronto-area native who is one of their top scoring wingers, will miss the opener due to a one-game suspension for a slash on Islanders rookie Nino Niederreiter during a pre-season game Saturday in Quebec City.

13.97

Toronto scored on just 13.97 per cent of its chances with the man advantage last season, giving them one of the worst power plays in the league.

The Habs are also without top defenceman Andrei Markov, who is expected to return later this month from knee surgery. Veteran rearguard Roman Hamrlik will also sit out with a sore knee that kept him out of all seven pre-season games.

Absent players aside, coach Jacques Martin said he is optimistic about a team that came together in the playoffs and marched to the Eastern Conference final before bowing out to Philadelphia.

"We're confident," he said. "Some players have made progress, there's a strong leadership group in place, and we've added a new dimension in (Jeff) Halpern and (Dustin) Boyd. We feel we're ready for the challenge."

Both teams have new captains. Right-winger Brian Gionta will wear the C for Montreal and defenceman Dion Phaneuf will handle the duties for Toronto.

Mike Komisarek and Francois Beauchemin have been named alternate captains by Leafs coach Ron Wilson. That means that arguably Toronto's best defenceman — Tomas Kaberle — will no longer wear an A, a sign the team's leadership has shifted.

Also on display will be Toronto's new power play, which will have Phaneuf going to the front of the net at times instead of just wiring his heavy shot from the point.

It will also be the first Leafs game for sniper Kris Versteeg, who is fresh off winning a Stanley Cup with the Chicago Blackhawks. THE CANADIAN PRESS

Quoted

"I absolutely love the job Brian Burke has done. What he's done, first off, is he's built a really deep (management) team, with succession ... Then he set about changing the culture of the team."

RICHARD PEDDIE, MAPLE LEAF SPORTS AND ENTERTAINMENT PRESIDENT AND CEO, SPEAKING ABOUT LEAFS GM BRIAN BURKE (PICTURED).

"Did we finish 29th? Was that not good? Absolutely, but I love where he's at now, what he's done, so high, high marks to Brian Burke from my perspective."

Scan code for sports

NHL GOES TO EUROPE

Scandinavia can be a good omen for NHL clubs

BRUCE BENNETT/GETTY IMAGES

"I really like to be in Helsinki again, I like the town. The time here was a big stepping-stone"

MAREK ZIDLICKY

The Carolina Hurricanes and Minnesota Wild are looking on the bright side at starting the NHL season about 7,000 kilometres from home in the capital of Finland.

The Nordics have been good for NHL teams.

The Pittsburgh Penguins opened their season in Stockholm in 2008 and won the Stanley Cup last year.

The Chicago Blackhawks visited Hartwall Arena — the same venue hosting the Hurricanes and Wild today and tomorrow — a year ago and ended up winning their first cup in 49 years.

The Wild could do with a positive sign after a winless pre-season against NHL teams. THE ASSOCIATED PRESS

What fans will be talking about

A new NHL season brings a number of storylines that will play out over the next six months Here's a look at a few that are worth charting

Halak Pays Price:

The story

The Montreal Canadiens' decision to trade playoff hero Jaroslav Halak to St. Louis and keep Carey Price as their top goaltender will be followed closely all season. Fans have already noted every pre-season win by Halak while Price has slowly wound into form in Montreal.

The angle

If Halak excels and Price struggles, there will be calls for GM Pierre Gauthier's head. Price has already heard a mix of boos and cheers at the Bell Centre.

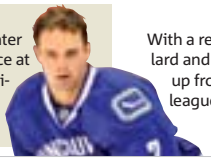
Hawks Repeat?

No team has won back-to-back Stanley Cups since the Detroit Red Wings in 1997 and 1998, although the Wings came within a Game 7 goal of doing it again in 2009. Now it is Chicago's turn to give it a try.

Being well over the $59.4-million US salary cap forced Chicago to let go of forwards Kris Versteeg, Ben Eager, Andrew Ladd, Dustin Byfuglien and Adam Burish, defenceman Brent Sopel, and goalie Antti Niemi.

Canuck Drought:

The Vancouver Canucks enter the season with the best chance at winning Canada's first championship since 1993.



With a retooled defence that includes Keith Ballard and Dan Hamhuis, and the same weapons up front that made the Canucks one of the league's highest-scoring teams, there is reason for hope in Vancouver.

Headshot Rule:

With a new penalty called illegal checking to the head in the rulebook, it will be interesting to see if there are fewer headshots on the ice.

The new penalty is a major and focuses on blindside hits where the primary point of impact is the head. How long before one is called?

Rookie Race:

The race for the Calder Trophy might take place entirely in Edmonton. Hotshot rookies Taylor Hall, Jordan Eberle and Magnus Pajaarvi have all cracked the Oilers roster and will no doubt push each other.

With three high-profile rookies suiting up for the Oilers, the race for the Calder is bound to be a major focus this season.

Staying in Phoenix?

Would a new owner for the Phoenix Coyotes please stand up? The NHL has been running the once-bankrupt team for a year and a half, and commissioner Gary Bettman is clearly losing some patience.

If no one steps forward to purchase the Coyotes by Dec. 31, the league has the right to start looking at other places to move the team. It's reasonable to assume that Winnipeg would be high on that list.

Caps stick with tried-and-true crew

When the Washington Capitals open the season tomorrow night, it will be hard to spot an unfamiliar face.

Nearly every Capitals player who takes the ice against the Atlanta Thrashers either played for Washington last year or has played for the team's AHL affiliate in Hershey.

The only exceptions are Marcus Johansson, a 2009 first-round draft pick who spent last season in Sweden, and enforcer D.J. King, acquired in a July trade with the St. Louis Blues.

The other sort-of new face is Matt Hendricks, but he played for Hershey in 2006-07 before spending two seasons with the Colorado Avalanche.

Otherwise, it's the tried-and-true crew featuring Alex Ovechkin, Alexander Semin, Nicklas Backstrom and Mike Green — along with the emerging young guys from the minors, many of whom the Capitals drafted themselves.

"We're in a lot of ways lucky, I guess," general manager George McPhee said. "We came up with this plan years ago, and fortunately ownership stood by it. In a lot of cities, a lot of teams, ownership does not have the patience. We're starting Friday night with 11 of our own first-round picks in the lineup. The league average is four. The closest team to us has seven.

"It's about making the playoffs and having a good playoff run, and how we get there is less important."
GEORGE MCPHEE, CAPITALS GM

"We put this plan together and we're in pretty good shape. It's a good team, they're our guys, and hopefully it leads to a Cup one of these days."

McPhee saw no reason to pick apart the team that accumulated an NHL-high 121 points last season, even if the Capitals did suffer yet another early playoff defeat by blowing a 3-1 first-round series lead before falling to the Montreal Canadiens in seven games.

THE ASSOCIATED PRESS

Players to watch

PHOTOS
1. JIM MCISAAC/GETTY IMAGES
2. GREG FLUME/GETTY IMAGES
3. JIM MCISAAC/GETTY IMAGES
4. BRIAN BAHR/GETTY IMAGES
5. JOEL AUERBACH/GETTY IMAGES

1 **Jonathan Toews, Chicago Blackhawks:** With a couple key players gone, the captain's leadership will be called on as the Blackhawks try to defend their title.

2 **Alex Ovechkin, Washington Capitals:** Another gaudy statistical season is virtually assured for the flashiest player in the NHL, but his year is bound to be measured by what kind of team success Washington has with him as a leader.

3 **Ilya Kovalchuk, New Jersey Devils:** The Devils paid a heavy price to keep the Russian winger, so Kovalchuk will be expected to deliver the goods. GM Lou Lamiorello and the entire organization are looking to recapture the post-season success that has eluded them in recent years.

4 **Antti Niemi, San Jose Sharks:** Evgeni Nabokov was never able to deliver a championship for the talented Sharks. That job now falls to Niemi, who brings a Blackhawks Stanley Cup ring with him to Northern California.

5 **Simon Gagne, Tampa Bay Lightning:** This could be a make-or-break season for the oft-injured winger. Now playing in the Sunshine State after a decade in Philadelphia, he'll be given a chance to shine while playing alongside Vincent Lecavalier.

THE CANADIAN PRESS

Cream of the crop of Cup hopefuls

As the season begins, here are a few early favourites to take the title

DAVE SANDFORD/GETTY IMAGES

▶ Sidney Crosby and the Penguins look like contenders.

Washington Capitals
Last season: 54-15-13, 121 points, 1st seed in the East, lost in first round to Montreal.
Breakdown:
Revenge is word in the U.S. capital, but redemption is a better description of what Washington wants after blowing a 3-1 lead and losing in seven games to the Canadiens. They needed far better team play, including from virtuoso star Alex Ovechkin.

Philadelphia Flyers
Last season: 41-35-6, 88 points, 7th seed in the East, lost Stanley Cup final to Chicago.
Breakdown:
They only made the playoffs by beating the New York Rangers in a shootout in the final game of the season, but the team that went to the final was a better indication of the Flyers' talent and depth than the up-and-down regular-season crew.

Pittsburgh Penguins
Last season: 47-28-7, 101 points, 4th seed in East, lost in second round to Montreal.
Breakdown:
The loss of big centre Jordan Staal for an undetermined period with a foot injury puts a damper on the 2009 Cup champions' move from the Igloo to the 18,087-seat Consol Energy Centre. They also lost veteran winger Bill Guerin, although the departure of power-play anchor Sergei Gonchar was offset by the signing of Paul Martin.

Boston Bruins
Last season: 39-30-13, 91 points, 6th seed in East, lost in second round to Philadelphia.
Breakdown:
The loss of top centre Marc Savard to concussion symptoms may be offset by the addition of scoring winger Nathan Horton from Florida and a big rookie year from second overall draft pick Tyler Seguin. Happily for the Bruins, they are deep at centre with Patrice Bergeron and David Krejci, who is looking to rebound from only 17 goals last season.

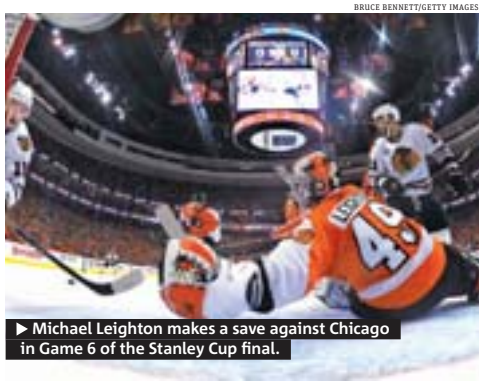
Los Angeles Kings
Last season: 46-27-9, 101 points, 6th seed in the West, lost in first round to Vancouver.
Breakdown:
This is a team with a young core that has been trending in the right direction the past couple seasons. The brightest star of them all is defenceman Drew Doughty, who won't turn 21 until December but is a legitimate Norris Trophy candidate. Centre Anze Kopitar could threaten the 100-point barrier.

Detroit Red Wings
Last season: 44-24-14, 102 points, 5th seed in the West, lost in second round to San Jose.
Breakdown:
Break out the Advil. With a roster featuring nine players 35 or older, the Wings are virtually assured of leading the league in wear and tear. But there's at least a couple future Hall of Famers among that group — Nicklas Lidstrom and Mike Modano, who decided to sign with his hometown team over the summer rather than retire.
THE CANADIAN PRESS

Vancouver Canucks
Last season: 49-28-5, 103 points, 3rd seed in the West, lost in second round to Chicago.
Breakdown:
The Canucks were second in league scoring a year ago, led by Hart Trophy-winner Henrik Sedin, and should continue to have a pretty potent attack. The Sedin twins and Ryan Kesler will be key cogs once again, as will players like Alex Burrows and Mason Raymond.

San Jose Sharks
Last season: 51-20-11, 113 points, 1st seed in the West, lost in conference final to Chicago.
Breakdown:
The biggest change comes in goal, where Antti Niemi and Antero Niittymaki have taken over for the departed Evgeni Nabokov. GM Doug Wilson is banking on the duo pushing the team over the top — hardly a stretch given that Niemi won a Stanley Cup last season in Chicago.

BRUCE BENNETT/GETTY IMAGES



▶ Michael Leighton makes a save against Chicago in Game 6 of the Stanley Cup final.

Net worth: Spending on goalies falls out of fashion

Last spring's playoffs left many in hockey, including its general managers, wondering what is the point of throwing multimillions at big-name goaltenders.

Jaroslav Halak was earning $800,000 US when he led the Montreal Canadiens to the Eastern Conference final, where they lost to a Philadelphia team with budget-priced veterans Michael Leighton and Brian Boucher.

The Flyers in turn lost to the Chicago Blackhawks and their little-known goalie Antti Niemi.

The big-money boys — Roberto Luongo, Martin Brodeur, Evgeni Nabokov and the rest — went home early, while others, like Cristobal Huet in Chicago, Jose Theodore in Washington and Tim Thomas in Boston, had lost the starting jobs to younger, cheaper netminders.

The results suggested there was money to be saved in going with youth and using the extra cash to put a better team in front of them.

And the prospects of a goalie landing a big, multi-year contract weren't helped by the glut of puck-stoppers on the free agent market in the summer. If anything, teams were shedding expensive goalies, with San Jose's Nabokov heading for St. Petersburg in the KHL and Huet shipped to Switzerland.

It is into that financial environment that Florida Panthers veteran Tomas Vokoun may go as he plays out the final season of a four-year deal that pays an average of $5.7 million per year. With super-prospect Jacob Markstrom waiting in the wings, there is already talk of Vokoun being dealt at the trade deadline if the Panthers are out of the playoff race.

But the 34-year-old is convinced it's a passing fad.

"Next spring there could be a $6-million goalie winning the Stanley Cup and the Conn Smythe and then everybody's going to say something totally different," said Vokoun.

"But now, for me, it's not so much about money, so I'm sure I'll find a spot."
THE CANADIAN PRESS

$2.75M

Amount former former Blackhawks goalie Antti Niemi was awarded in arbitration. Chicago opted instead for veteran Marty Turco for one year at $1.3 million

JOEL AUERBACH/GETTY IMAGES

▶ Panthers goalie Tomas Vokoun is entering the final season of a four-year deal.

MEL EVANS/THE ASSOCIATED PRESS

History

Halladay throws second-ever playoff no-hitter

▶ Phillies ace Roy Halladay celebrates after throwing a no-hitter to defeat the Cincinnati Reds 4-0 yesterday.

4	0
PHILLIES	REDS

Tape s
debut.

Roy Halladay threw the second no-hitter in post-season history, leading the Philadelphia Phillies over the Cincinnati Reds 4-0 in Game 1 of the NL division series yesterday.

Don Larsen is the only other pitcher to throw a post-season no-hitter. He threw a perfect game for the New York Yankees in the 1956 World Series against Brooklyn. The 54th anniversary of Larsen's gem is tomorrow.

"It's surreal, it really is," Halladay said. "I just wanted to pitch here, to pitch in the post-season. To go out and have a game like that, it's a dream come true."

Halladay took the Year of the Pitcher into the post-season. The excitement spread beyond Citizens Bank Park — the last two outs were shown on the video board at Target Field, where the Twins were preparing to play the Yankees, and Minnesota fans cheered.

The all-star right-hander, who tossed a perfect game at Florida May 29, dominated the Reds with a sharp fastball and a devastating slow curve in his first playoff start.

5

Halladay became the fifth pitcher to throw two no-hitters in the same year. He joined Nolan Ryan (1973), Virgil Trucks (1952), Allie Reynolds (1951) and Johnny Vander Meer (1938).

Halladay allowed only one runner, walking Jay Bruce on a full count with two outs in the fifth, and struck out eight.

Halladay spent 12 seasons with Toronto, far from the post-season. A trade last off-season brought him to the defending two-time NL champions.

With a sellout crowd standing in the ninth and chanting "Let's Go, Doc!" Halladay received a thunderous ovation when he jogged to the mound to start the inning.

Ramon Hernandez popped out to second baseman Chase Utley for the first out. Pinch-hitter Miguel Cairo then fouled out to third baseman Wilson Valdez.

"I felt like we got in a groove early. Carlos (Ruiz) has been great all year, he helps me get into a rhythm early, throwing strikes."
HALLADAY ON HIS CATCHER

Halladay then retired Brandon Phillips on a tapper in front of the plate to end it. Catcher Carlos Ruiz pounced on the ball and threw out Phillips.

Halladay pumped his fist into his glove as Ruiz rushed to the mound. Just like catcher Yogi Berra did with Larsen, Ruiz started to jump into Halladay's arms. Unlike Berra, Ruiz didn't wrap up his pitcher in a bear hug.

Phillies aces Roy Oswalt and Cole Hamels ran out of the dugout side-by-side to congratulate the other member of Philadelphia's Big 3. Pretty soon, everyone in a Phillies uniform was part of the victory party.

"This is what you come here for," Halladay said. "It's a good team, they know how to win. ... It's been a great year, a fun year, we obviously have a ways to go."
THE ASSOCIATED PRESS

Rangers take Game 1

5	1
TEXAS	TAMPA BAY

Cliff Lee, post-season ace for hire.

Picking up where he left off during a dazzling October run a year ago, Lee shut down the Tampa Bay Rays while outpitching David Price and leading the Texas Rangers to a 5-1 victory in the opening game of the AL playoffs.

Lee matched a post-season best with 10 strikeouts while allowing five hits — one after the second inning. During one dominating stretch, he retired 16 of 17 batters before giving up Ben Zobrist's homer in the seventh.

The Rangers, in the playoffs for the first time in 11 years, stopped a nine-game post-season losing streak that began in 1996.

Nelson Cruz and Bengie Molina homered for the AL West champions.

Darren O'Day and Darren Oliver pitched the eighth, and rookie Neftali Feliz worked out of a ninth-inning jam by striking out the final two batters.
THE ASSOCIATED PRESS

Sports in brief

Wade expects to miss time

NBA. Miami Heat star guard Dwyane Wade said he expects to miss two weeks of action due to a sore right hamstring. He pulled the hamstring early in Tuesday night's pre-season opener against Detroit and did not return.
THE ASSOCIATED PRESS

Moss traded to Vikings

When Randy Moss first came to Minnesota 12 years ago, he electrified a stagnant franchise and immediately turned it into a Super Bowl contender.

Now the Vikings need him to do it again.

The New England Patriots traded the seven-time Pro Bowl receiver yesterday, sending him back to the place where he became an NFL superstar in exchange for a 2011 draft pick.

▶ Randy Moss

The Vikings play at New York Monday night, and Vikings coach Brad Childress said without hesitation Moss would be in uniform against the Jets.
THE ASSOCIATED PRESS

MLB

2010 POST SEASON

DIVISION SERIES

(Best-of-5)
(**Note:** Wild card teams play teams with best records unless in same division and wild card may not have home-field advantage)
(All times Eastern)

AMERICAN LEAGUE

TAMPA BAY (E) VS. TEXAS (W)
(Texas leads series 1-0)
Yesterday's result
Texas 5 Tampa Bay 1
Today's game
Texas (Wilson 15-8) at Tampa Bay (Garza 15-10), 2:37 p.m.
Saturday's game
Tampa Bay (Davis 12-10) at Texas (Lewis 12-13), 5:07 p.m.
Sunday's game
x-Tampa Bay (Shields 13-15) at Texas (Hunter 13-4), TBA
Tuesday, Oct. 12
x-Texas at Tampa Bay, TBA

MINNESOTA (C) VS. N.Y. YANKEES (WC)
Last night's result
N.Y. Yankees at Minnesota
Tonight's game
N.Y. Yankees (Hughes 18-8 or Pettitte 11-3) at Minnesota (Pavano 17-11), 6:07 p.m.
Saturday's game
Minnesota (Duensing 10-3) at N.Y. Yankees (Pettitte 11-3 or Hughes 18-8), 8:37 p.m
Sunday's game
x-Minnesota (Blackburn 10-12) at N.Y. Yankees (Burnett 10-15), TBA
Tuesday, Oct. 12
x-N.Y. Yankees at Minnesota, TBA

NATIONAL LEAGUE

PHILADELPHIA (E) VS. CINCINNATI (C)
(Philadelphia leads series 1-0)
Yesterday's result
Philadelphia 4 Cincinnati 0
Tomorrow's game
Cincinnati (Arroyo 17-10) at Philadelphia (Oswalt 13-13), 6:07 p.m.
Sunday's game
Philadelphia (Hamels 12-11) at Cincinnati (Cueto 12-7), TBA
Monday, Oct. 11
x-Philadelphia at Cincinnati, TBA
Wednesday, Oct. 13
x-Cincinnati at Philadelphia, TBA

SAN FRANCISCO (W) VS. ATLANTA (WC)
Tonight's game
Atlanta (Lowe 16-12) at San Francisco (Lincecum 16-10), 9:37 p.m.
Tomorrow's game
Atlanta (Hanson 10-11) at San Francisco (Cain 13-11), 9:37 p.m.
Sunday's game
San Francisco (Sanchez 13-9) at Atlanta (Hudson 17-9), TBA
Monday, Oct. 11
x-San Francisco at Atlanta, TBA
Wednesday, Oct. 13
x-Atlanta at San Francisco, TBA
x - played only if necessary.

CALENDAR

Oct. 6 — Playoffs begin.
Oct. 27 — World Series begins, city of National League champion.
November — Free agent period to sign exclusively with former teams, first five days after World Series ends.
Nov. 16-17 — General managers' meetings, Orlando, Fla.
Nov. 17-18 — Owners' meetings, Orlando, Fla.

NHL

PRE-SEASON

Yesterday's result
Phoenix 3 Dinamo Riga (Latvia) 1
END NHL PRE-SEASON SCHEDULE

REGULAR SEASON

Today's games
(All times Eastern)
Carolina at Minnesota (at Helsinki, Finland), 12 p.m.
Montreal at Toronto, 7 p.m.
Philadelphia at Pittsburgh, 7 p.m.
Chicago at Colorado, 10 p.m.
Calgary at Edmonton, 10 p.m.
Tomorrow's games
Minnesota at Carolina (at Helsinki, Finland), 12 p.m.
Columbus at San Jose (at Stockholm, Sweden), 3 p.m.
Dallas at New Jersey, 7 p.m.
Anaheim at Detroit, 7 p.m.
Buffalo at Ottawa, 7:30 p.m.
Washington at Atlanta, 7:30 p.m.
Saturday's games
Phoenix at Boston (at Prague, Czech Republic), 12 p.m.
San Jose at Columbus (at Stockholm, Sweden), 3 p.m.
N.Y. Rangers at Buffalo, 7 p.m.
Ottawa at Toronto, 7 p.m.
Dallas at N.Y. Islanders, 7 p.m.
Montreal at Pittsburgh, 7 p.m.
New Jersey at Washington, 7 p.m.
Atlanta at Tampa Bay, 7:30 p.m.
Philadelphia at St. Louis, 8 p.m.
Anaheim at Nashville, 8 p.m.
Detroit at Chicago, 8:30 p.m.
Los Angeles at Vancouver, 10 p.m.
Sunday's games
Boston at Phoenix (at Prague, Czech Republic), 10 a.m.
Los Angeles at Calgary, 8 p.m.
Florida at Edmonton, 8 p.m.
Monday's games
Pittsburgh at New Jersey, 1 p.m.
N.Y. Rangers at N.Y. Islanders, 1 p.m.
Anaheim at St. Louis, 2 p.m.
Chicago at Buffalo, 7 p.m.
Colorado at Philadelphia, 7 p.m.
Ottawa at Washington, 7 p.m.
Florida at Vancouver, 10 p.m.
Tuesday, Oct. 12
Colorado at Detroit, 7 p.m.
Atlanta at Los Angeles, 10:30 p.m.
Wednesday, Oct. 13
New Jersey at Buffalo, 7 p.m.
N.Y. Islanders at Washington, 7 p.m.
Tampa Bay at Montreal, 7:30 p.m.
Toronto at Pittsburgh, 7:30 p.m.
Nashville at Chicago, 8:30 p.m.
Vancouver at Anaheim, 10 p.m.

GAMES

COMMONWEALTH GAMES

At New Delhi

WHAT CANADA DID

CYCLING
Women
Points race — Tara Whitten, Edmonton, won bronze with 36 points.
Team Sprint — Whitten and Monique Sullivan, Calgary, won bronze in 37.094 seconds.
SWIMMING
Women
100-metre backstroke — Julia Wilkinson, Stratford, Ont., won bronze in 1:01.05.
WRESTLING
Greco-Roman
Men
55 kilograms — Promise Mwenga, Moncton, N.B., won bronze.
66 kilograms — Jack Bond, Sherwood Park, Alta., won silver.

AMERICAN LEAGUE

RANGERS 5, RAYS 1

Texas	ab	r	h	bi	Tampa Bay	ab	r	h	bi
Andrus ss	5	0	1	0	Bartlett ss	3	0	1	0
MYong 3b	4	0	0	0	Jaso ph-c	1	0	1	0
JHmltn cf	4	1	1	0	BUpton cf	4	0	0	0
Guerrr dh	4	0	2	1	Crwfrd lf	4	0	1	0
N.Cruz lf	4	1	1	1	Longori 3b	4	0	1	0
Kinsler 2b	4	1	1	0	C.Pena 1b	3	0	0	0
Francr rf	4	1	1	1	Baldelli dh	3	0	0	0
Cantu 1b	4	0	0	0	DJhnsn ph	0	0	0	0
BMolin c	4	1	3	2	Zobrist rf	4	1	2	1
Shppch c	3	0	0	0					
Brignc ss	1	0	0	0					
SRdrgz 2b	3	0	0	0					
Joyce ph	1	0	0	0					
Totals	**37**	**5**	**10**	**5**	**Totals**		**34**	**1**	**6**	**1**
Texas					021	110	000		5	
Tampa Bay					000	000	100		1	

E—Andrus (1), S.Rodriguez (1), Longoria (1). DP—Tampa Bay 1. LOB—Texas 5, Tampa Bay 8. 2B—Guerrero (1), Francoeur (1), Zobrist (1). HR—N.Cruz (1), B.Molina (1), Zobrist (1). SB—J.Hamilton (1), Crawford (1). CS—Andrus (1).

	IP	H	R	ER	BB	SO
Texas						
Cl.Lee W,1-0	7	5	1	1	0	10
O'Day	1-3	1	0	0	0	1
D.Oliver	2-3	0	0	0	0	0
N.Feliz	1	0	0	0	2	2
Tampa Bay						
Price L,0-1	6 2-3	9	5	4	0	8
Qualls	1 1-3	0	0	0	0	0
Balfour	1	1	0	0	0	0

Umpires—Home, Tim Welke; First, Jim Wolf; Second, Jerry Meals; Third, Bill Miller; Right, Mike DiMuro; Left, Jeff Kellogg.
T—3:06. A—35,474 (36,973).

NATIONAL LEAGUE

PHILLIES 4, REDS 0

Cincinnati	ab	r	h	bi	Philadelphia	ab	r	h	bi
BPhllps 2b	4	0	0	0	Rollins ss	3	0	0	0
OCarer ss	3	0	0	0	Victorn cf	4	1	2	2
Votto 1b	3	0	0	0	Utley 2b	3	0	0	1
Rolen 3b	3	0	0	0	Howard 1b	4	0	0	0
Gomes lf	3	0	0	0	Werth rf	4	0	0	0
Bruce rf	2	0	0	0	Ibanez lf	4	0	1	0
Stubbs cf	3	0	0	0	C.Ruiz c	1	1	0	0
RHrndz c	3	0	0	0	WValdz 3b	3	1	1	0
Volquez p	0	0	0	0	Hallady p	3	1	1	1
TrWood p	1	0	0	0					
JFrncs ph	1	0	0	0					
Ondrsk p	0	0	0	0					
Bray p	0	0	0	0					
Cairo ph	1	0	0	0					
Totals	**27**	**0**	**0**	**0**	**Totals**		**29**	**4**	**5**	**4**
Cincinnati					000	000	000		0	
Philadelphia					130	000	00x		4	

E—Ondrusek (1). LOB—Cincinnati 1, Philadelphia 5. 2B—Victorino (1), Ibanez (1). SB—Victorino (1). SF—Utley.

	IP	H	R	ER	BB	SO
Cincinnati						
Volquez L,0-1	1 2-3	4	4	4	2	0
Tr.Wood	3 1-3	1	0	0	1	3
Ondrusek	1 2-3	0	0	0	0	0
Bray	1 1-3	0	0	0	0	1
Philadelphia						
Halladay W,1-0	9	0	0	0	1	8

Umpires—Home, John Hirschbeck; First, Bruce Dreckman; Second, Sam Holbrook; Third, Ed Rapuano; Right, Rob Drake; Left, Gary Cederstrom.
T—2:34. A—46,411 (43,651).

NBA

PRE-SEASON

Yesterday's results
Memphis 87 Indiana 85
At Paris, France
Minnesota 106 New York 100
At Fayetteville, NC
Oklahoma City 97 Charlotte 93
At Manchester, NH
Boston 93 Philadelphia 65
At Vancouver
Toronto vs. Phoenix

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
New York	27	14	8	5	35	27	47
Columbus	27	13	7	7	35	29	46
Kansas City	26	9	11	6	29	31	33
Toronto FC	27	8	12	7	28	34	31
Chicago	26	7	11	8	31	35	29
Philadelphia	27	7	13	7	32	44	28
New England	27	7	15	5	29	47	26
D.C. United	27	6	18	3	19	42	21

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Los Angeles	27	16	6	5	40	22	53
x-Real Salt Lake	27	14	4	9	41	18	51
x-FC Dallas	27	12	2	13	39	22	49
Seattle	27	12	9	6	34	31	42
Colorado	27	11	8	8	37	27	41
San Jose	26	11	8	7	28	28	40
Houston	27	7	14	6	36	46	27
Chivas USA	26	7	15	4	26	36	25

x — clinched playoff berth.
Tonight's game
(All times Eastern)
Los Angeles at Philadelphia, 8 p.m.
Tomorrow's game
Columbus at Chicago, 9 p.m.
Saturday's games
Real Salt Lake at New York, 4:30 p.m.
Colorado at FC Dallas, 6 p.m.
San Jose at D.C. United, 7:30 p.m.
Seattle at Kansas City, 8:30 p.m.
Toronto FC at Chivas USA, 10:30 p.m.
Sunday's game
New England at Houston, 8:30 p.m.

CFL

WEEK 15

EAST DIVISION	GP	W	L	T	PF	PA	Pt
x-Montreal	13	9	4	0	409	336	18
Hamilton	13	6	7	0	330	355	12
Toronto	13	6	7	0	259	344	12
Winnipeg	13	3	10	0	345	349	6

WEST DIVISION	GP	W	L	T	PF	PA	Pt
x-Calgary	13	10	3	0	452	295	20
x-Saskatchewan	13	9	4	0	380	345	18
B.C.	13	5	8	0	324	319	10
Edmonton	13	4	9	0	261	413	8

x — clinched playoff berth.
Tomorrow's game
(All times Eastern)
Edmonton at Hamilton, 7:30 p.m.
Saturday's game
Toronto at Saskatchewan, 5 p.m.
Monday, Oct. 11
Calgary at Montreal, 1 p.m.
B.C. at Winnipeg, 4:30 p.m.

SCORING LEADERS

X - SCORED TWO-POINT CONVERT

	TD	C	FG	S	Pts
Duval, Mtl	0	37	30	12	139
McCallum, BC	0	26	35	6	137
Maver, Cal	0	50	27	3	134
Congi, Sask	0	37	25	1	113
DeAngelis, Ham	0	29	25	1	105
Prefontaine, Edm	0	23	20	7	90
Cates, Sask	14	0	0	0	84
Shaw, Tor	0	18	19	6	81
x-Green, Mtl	10	4	0	0	64
T.Edwards, Wpg	10	0	0	0	60
Bryant, Cal	9	0	0	0	54
Robertson, BC	8	0	0	0	48
Serna, Wpg	0	20	8	4	48
Palardy, Ham-Wpg	0	14	10	4	48
Cobb, Ham	7	0	0	0	42
Lewis, Cal	7	0	0	0	42
Watkins, Mtl	7	0	0	0	42
x-Richardson, Mtl	6	2	0	0	38
Boyd, Tor	6	0	0	0	36
Bruce, Ham	6	0	0	0	36
Durant, Sask	6	0	0	0	36
Rambo, Cal	6	0	0	0	36
x-Owens, Tor	5	2	0	0	32
x-Simon, BC	5	2	0	0	32
Cobourne, Mtl	5	0	0	0	30
Dressler, Sask	5	0	0	0	30

TRANSACTIONS

BASEBALL

MLB

AMERICAN LEAGUE
TEXAS RANGERS — Designated RHP Rich Harden for assignment. Claimed RHP Ryan Tucker off waivers from Florida.
NATIONAL LEAGUE
FLORIDA MARLINS — Assigned LHP Taylor Tankersley, RHP Tim Wood, INF Hector Luna and C Mike Rivera outright to New Orleans (PCL).
MILWAUKEE BREWERS — Extended their player development contract with Huntsville (SL) through the 2012 season.
ST. LOUIS CARDINALS — Exercised their 2011 contract option on 1B Albert Pujols. Announced the 2011 contract vesting option for LHP Trever Miller has been met.
SAN DIEGO PADRES — Claimed INF Jarrett Hoffpauir off waivers from Toronto. Designated C Chris Stewart for assignment.

BASKETBALL

NBA

CHICAGO BULLS — Waived F Chris Richard.
MILWAUKEE BUCKS — Waived F Keith Gallon.
NEW JERSEY NETS — Waived G Eddie Gill.

FOOTBALL

NFL

BUFFALO BILLS — Signed RB Andre Anderson from their practice squad. Released TE Joe Klopfenstein from injured reserve. Signed DE Ra'Shon Harris to their practice squad.
CLEVELAND BROWNS — Waived DB Derrick Roberson.
DETROIT LIONS — Claimed OT Jamon Meredith off waivers from Buffalo.
JACKSONVILLE JAGUARS — Signed QB Keith Null to their practice squad. Waived DT Kommonyan Quaye.
MINNESOTA VIKINGS — Traded DE Jayme Mitchell to Cleveland for an undisclosed 2012 draft pick.
NEW ENGLAND PATRIOTS — Traded WR Randy Moss to Minnesota for an undisclosed draft pick.
WASHINGTON REDSKINS — Signed RB Javarris James and RB Keiland Williams to their practice squad. Released LB Mike Balogun from their practice squad.

CFL

WINNIPEG BLUE BOMBERS — Released LB Bernard Hicks. Signed DB Johnny Sears and DE Remond Willis to the practice roster.

HOCKEY

NHL

ATLANTA THRASHERS — Placed F Jim Slater on the injured/non-roster list and F Andrew Kozek on the injured reserve list.
BUFFALO SABRES — Assigned G Jhonas Enroth to Portland (AHL). Announced F Matt Ellis cleared waivers and has been assigned to Portland.
DETROIT RED WINGS — Assigned F Kirk Maltby and D Derek Meech to Grand Rapids (AHL).
EDMONTON OILERS — Loaned D Sheldon Souray to Hersey (AHL).
LOS ANGELES KINGS — Assigned G Erik Ersberg and F Rich Clune to Manchester (AHL). Signed C Jordan Nolan to a three-year contract.
MONTREAL CANADIENS — Assigned G Curtis Sanford, D Alex Henry, D Yannick Weber, F Ben Maxwell and F Ryan White to Hamilton (AHL).
NEW JERSEY DEVILS — Placed D Bryce Salvador on long-term injured reserve. Designated D Anssi Salmela as injured-nonroster player. Assigned D Matt Taormina to Albany (AHL). Recalled C Adam Henrique from Albany.
OTTAWA SENATORS — Assigned D David Hale to Binghamton (AHL).
TAMPA BAY LIGHTNING — Assigned D Matt Roy to Norfolk (AHL).
VANCOUVER CANUCKS — Traded F Darcy Hordichuk to Florida for F Andrew Peters.

LACROSSE

NLL

CALGARY ROUGHNECKS — Traded F Tracey Kelusky and a 2011 third-round draft pick to Buffalo for a 2011 first-round draft pick.

NFL

AMERICAN CONFERENCE

EAST	W	L	T	Pct	PF	PA
N.Y. Jets	3	1	0	.750	106	61
New England	3	1	0	.750	131	96
Miami	2	2	0	.500	66	92
Buffalo	0	4	0	.000	61	125
SOUTH	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Houston	3	1	0	.750	108	102
Jacksonville	2	2	0	.500	71	111
Indianapolis	2	2	0	.500	117	92
Tennessee	2	2	0	.500	98	68
NORTH	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Baltimore	3	1	0	.750	61	55
Pittsburgh	3	1	0	.750	86	50
Cincinnati	2	2	0	.500	79	78
Cleveland	1	3	0	.250	68	77
WEST	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Kansas City	3	0	0	1.000	68	38
San Diego	2	2	0	.500	113	71
Denver	2	2	0	.500	87	85
Oakland	1	3	0	.250	76	107

NATIONAL CONFERENCE

EAST	W	L	T	Pct	PF	PA
Washington	2	2	0	.500	73	79
N.Y. Giants	2	2	0	.500	72	88
Philadelphia	2	2	0	.500	95	79
Dallas	1	2	0	.333	54	53
SOUTH	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Atlanta	3	1	0	.750	93	60
New Orleans	3	1	0	.750	79	72
Tampa Bay	2	1	0	.667	50	59
Carolina	0	4	0	.000	46	87
NORTH	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Chicago	3	1	0	.750	69	68
Green Bay	3	1	0	.750	106	73
Minnesota	1	2	0	.333	43	38
Detroit	0	4	0	.000	82	106
WEST	**W**	**L**	**T**	**Pct**	**PF**	**PA**
Arizona	2	2	0	.500	58	118
St. Louis	2	2	0	.500	77	52
Seattle	2	2	0	.500	75	77
San Francisco	0	4	0	.000	52	103

WEEK 5

Byes: Miami, New England, Pittsburgh, Seattle
Sunday's games
St. Louis at Detroit, 1 p.m.
Denver at Baltimore, 1 p.m.
N.Y. Giants at Houston, 1 p.m.
Green Bay at Washington, 1 p.m.
Chicago at Carolina, 1 p.m.
Atlanta at Cleveland, 1 p.m.
Jacksonville at Buffalo, 1 p.m.
Tampa Bay at Cincinnati, 1 p.m.
Kansas City at Indianapolis, 1 p.m.
New Orleans at Arizona, 4:05 p.m.
Tennessee at Dallas, 4:15 p.m.
San Diego at Oakland, 4:15 p.m.
Philadelphia at San Francisco, 8:20 p.m.
Monday, Oct. 11
Minnesota at N.Y. Jets, 8:30 p.m.

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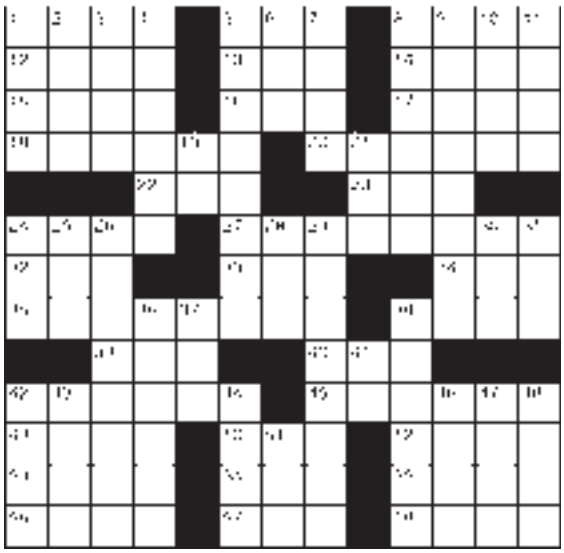
Crossword



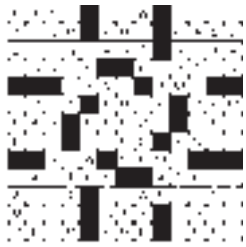
Across

1 Jokes
5 Adipose tissue
8 Fleet from far off?
12 Burn remedy
13 Unfriendly
14 Ferris wheel, e.g.
15 Heart of the matter
16 Agt.
17 Boast
18 In
20 Not us
22 A handful
23 Wrong (Pref.)
24 "Carmina Burana" composer
27 Kinship
32 Mai — (cocktail)
33 Mainlander's memento
34 Sticky stuff
35 Oft-mimicked Michael Jackson video
38 In due time
39 Preceding
40 Flightless bird
42 Customs
45 Oriental temple
49 Rara —
50 The whole thing
52 Secondhand
53 Traditional tales
54 Brock of baseball
55 Coaster
56 Odds' mates
57 Easter symbol
58 First-rate

Down

1 Pop singer Lady —
2 Came to earth
3 "Gee!"
4 Ignite
5 Intruder-blocking software
6 Expert
7 Glitch in print
8 Street child
9 Aries, Leo or Sagittar-ius
10 Bloodhound's clue
11 Does some mending
19 Yours truly
21 Acronym to an oversharer
24 Cooperstown's Mel
25 "Go, team!"
26 Stravinsky ballet, with "The"
28 Lawyer's due
29 Hydrant
30 Also
31 Thither
36 Van Gogh subjects
37 Allow
38 Majestic
41 Bell or Kettle
42 Hearty
43 Stratford river
44 Auction
46 Norway's capital
47 Profound
48 Tosses in
51 Journal

▶ Yesterday's answer



Sudoku

				7		1	2	
1		4	9					
3					6		4	
		6		4			3	
9			2		5			1
	1			9		8		
	9		5					3
					1	6		8
	2	7		6				

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

3	1	7	5	6	8	9	4	2
4	2	5	3	7	9	1	6	8
8	6	9	2	1	4	5	3	7
6	9	1	4	8	3	2	7	5
2	3	4	1	5	7	8	9	6
7	5	8	9	2	6	4	1	3
1	4	2	6	3	5	7	8	9
9	8	6	7	4	2	3	5	1
5	7	3	8	9	1	6	2	4

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Cupcake, I love you so much and there's nothing else I want more in life than to be with you. Will you marry me?"

Maliha, you are the air that I breath, your my pulmonary artery, the best wife a man can ask for. Wuv u!
KING

We first met on the subway, and for the last 6 months you've been all I ever think about. I'm happy I gave you a chance. Babe, I love you.
XO JESS

Hey my lil Crazy Horse, I just wanted to send you a big smackeroo! I want you to know that I love you with all of my heart and I don't know what I would do without you ! You are my soulmate and I can't wait to spend the rest of my life with you! I feel like the luckiest woman alive! -
OUR SEXY BUM

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You will find it easier to be patient with people now there is a new moon in the partnership area of your chart. Yes, certain individuals can be deeply irritating sometimes but they're only human.

♉ Taurus April 21-May 21 Both at home and at work you would be wise to proceed on the assumption that others are telling you only half the story – and that it's the other half you need to know.

♊ Gemini May 22-June 21 You seem to be making heavy work of something that is really quite simple — and doing far too much of it by yourself. Today's new moon will give a boost to creative activities.

♋ Cancer June 22-July 22 Something you found such a challenge earlier in the year will come easy to you now. Your outlook on life has changed and that has enabled you to respond to a more positive set of cosmic vibrations.

♌ Leo July 23-Aug.23 If you have not yet planned your next vacation get on to it now as the new moon in the travel area of your chart gives you some great ideas.

♍ Virgo Aug. 24- Sept. 22 You seem to have got your values a bit mixed up of late. If you are going to get them untangled the first thing you must do is ask yourself what is most important to you: your material or your emotional wellbeing.

♎ Libra Sept. 23-Oct. 23 No matter how many times you have clashed with people you must patch things up. The new moon in your sign promises a new beginning, but you've got to work at it.

♏ Scorpio Oct. 24-Nov. 22 Do you finish what you started, or do you give up on it and focus on something new? Only you can decide but if you have not completed a project by now perhaps it's not meant to be.

♐ Sagittarius Nov. 23-Dec. 21 Today's new moon signals the start of an enjoyable phase, one that will last for the next two weeks and maybe longer. Friendships are under excellent stars, so get out there and mingle.

♑ Capricorn Dec. 22-Jan. 20 You should find it easier to get along with colleagues today. You may have had differences in the past but now you understand you need to work together to reach your goal.

♒ Aquarius Jan. 21-Feb. 18 You will come out of your shell over the next 24 hours. That's good. There is so much you have to offer the world – it would be a crime to deprive it of your genius.

♓ Pisces Feb. 19-March 20 Your nerves may be a bit frayed but the new moon will convince you there is no need to get upset. Whatever it is you are fretting about it will come right in the end – it always doe. **SALLY BROMPTON**

Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

RYAN REMIORZ/THE CANADIAN PRESS

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DIESEL	CUBA	PINK SUGAR	MARIAH CAREY LUSCIOUS PINK	BECKHAM SIGNATURE STORY	FCUK	VERSACE L'HOMME
75ml MEN & WOMEN Reg. $64	3 PC SET 100ml Reg. $35	100ml Reg. $88	3 PC SET Reg. $82	3 PC SET MEN & WOMEN Reg. $65	100ml MEN & WOMEN Reg. $74	100ml Reg. $89
SALE $18	SALE $15	SALE $40	SALE $25	SALE $30	SALE $20	SALE $35

MEDICAL SCRUBS

Dickies® $11.99 EA or 2 for $20

BRAND NAME WATCHES

60%-70% MSAP

One Year Factory Warranty

World Class Quality FASHION JEWELLERY

SAVE UP TO 90% OFF

HIGH FASHION & LOW PRICES

Bracelets • Chains • Rings • Brooches

CAMBRIDGE TOWEL

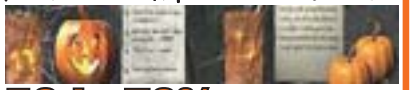
FACE CLOTHS 6 FOR $5

HAND TOWELS 6 FOR $10

BATH TOWELS 3 FOR $15

BATH SHEETS 3 FOR $27

HALLOWEEN BLOWOUT SPECIALS



50 to 70% off Retail

Costumes for Toddlers to Adults, Masks, Make-Up, Wigs, plus a huge selection of some of the scariest home decorations you find anywhere!

Remote Control Helicopter
with Lights, Alloy structure, easy to fly, 3.5 channel
$49.99
compare at $89.99

Advent Wireless Speakers
Set of 2 speakers & transmitter
$39.99
compare at $99.99

Cookware
Huge Selection of Cookware!
Huge Savings!

Leapfrog LeapPad and Tables
English and French versions available
Prices from $14.99

RCA and Acoustic Research Wireless Headsets
75 to 90% Off Retail!!!

Ronco 25-pc. Knife Set
Wooden block also available. Sold separately.
$19.99
compare at $49.99

7 DAYS ONLY

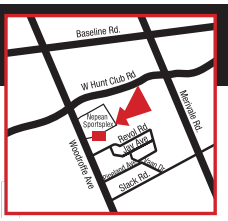
VISA · Interac · MasterCard · CASH

WHERE: NEPEAN SPORTSPLEX CURLING RINK
1701 WOODROFFE AVE

HOURS: Tue. – Fri. 11am - 8pm
Saturday 10am - 6pm
Sunday 11am - 5pm

WHEN:
Tues. Oct. 5 – Mon. Oct. 11
OPEN THANKSGIVING MONDAY 10am - 5pm

FREE PARKING!
FREE ADMISSION!



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